



# ANNUAL GITA YAJNA FOR THE WORLD PEACE & HARMONY

8th of September 2024

Time: 9.30 AM - 6.00 PM

The Hindu Centre (Radhakrishna Temple)  
Cedars Rd, London E15 4NE

Co-hosted by

Bhagavad Gita Research Foundation (BGRF), UK  
Sri Sri Bangladesh Gita Sangha, Bangladesh





**NASHRAH  
PROPERTY LTD**

**NASHRAH PROPERTY  
LTD**

**Find Your  
Dream House  
Right Now**



## Contact Us

+44 7562 013250

nashrahproperty@gmail.com

### Office Location

8 Kilworth Avenue, Southend-  
On-Sea, England, SS1 2DT



NASHRAH PROPERTY LTD is a real estate or property management company, we offer a range of services typically associated with the property industry.



## Our Services

- **RENT  
PROPERTY**
- **SELL PROPERTY**
- **GUARANTEED  
RENT**
- **0%  
COMMISSION**
- **EPC**
- **GAS  
CERTIFICATE**
- **ELECTRICITY  
CERTIFICATE**

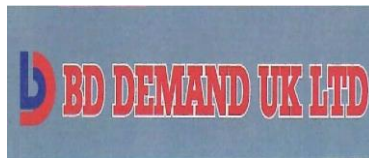


# SPONSORS



249-251 MILE END ROAD  
LONDON E1 4BJ

TELEPHONE: 0207 790 1653  
MOB: 07908075213  
WWW.SDSOLICITORSUK.COM  
INFO@SDSOLICITORSUK.COM



## **GITA YAJNA**

*Welcome to the Annual Gita Yajna for the World Peace & Harmony*

*8<sup>th</sup> September 2024*

*Time: 9.30 AM -6.00 PM*

*The Hindu Centre (Radhakrishna Temple)  
Cedars Rd, London E15 4NE*

*The Bhagavad Gita Research Foundation (BGRF), UK welcome all Krishna Devotees to the Annual Gita Yajna for the World Peace & Harmony organised by Bhagavad Gita Research Foundation jointly in association with Sri Sri Gitasangha Bangladesh on the 10<sup>th</sup> September at the above address.*

### **PLEASE DONATE**

**Bhagavad Gita Research Foundation  
Lloyds Bank  
Account no: 79030668  
Sort Code: 309950**

**For further details about BGRF please contact:**

[www.bgrfuk.org](http://www.bgrfuk.org)  
[info@bgrfuk.org](mailto:info@bgrfuk.org)

**Santosh Sarker: 07875178990  
Dr P. R Datta: 07916326886  
Pradip Das: 07852197821**

## TABLE OF CONTENTS

Messages	6
Annual Gita yajna 2024-committee members	8
Bhagavad Gita Chants-members	10
The programme	11
Gita Yajna Co-sponsors	12
Gita Yajna for World Peace & harmony-rationale, Objectives & Synopsis	14
About Gita Yajna-English version	17
About Gita Yajna -Bengali version	21
Award of Honour	23
BGRF Membership & Benefits	30





*Message from  
President  
Sri Sri Gitasangha Bangladesh*

*Working with BGRF, Sri Sri Gitasangha Bangladesh finds itself in an international forum of open-minded scholars of theistic philosophy and institutions where a host of multicultural and community thinkers have met in an estuary of oneness of humanity in the world today. Wars, natural and man-made degradation of the Nature, excessive consumerism and communal divisions among the people have surpassed the limits of earthly tolerance. While the world is just waiting for a “Burn” or “Submergence”, BGRF and Sri Sri Gitasangha Bangladesh have ventured to call the humanity to get together to pray for a shelter under the peaceful abode of the Creator. This is reminiscent of the Puranic event in the primordial era when this earth, in the guise of a “Cow” went to Brahma to ask for relief from torture of the virulent demons. Gita Yajna is such an event today when the earth is no more proactive as before for over- exploitation of her valued chastity, some thoughtful and anxious people from all over the world have come forward to London to offer their oblations in the fire of Brahman with a view to get rid of the ongoing disasters, wars, and crimes that no human endeavor can possibly overturn.*

*We look forward to a peaceful world ahead, one earth and one human entity without any communal divides. Let us work together, with total submission to The Brahman, to have the growth of God in mankind through desireless work and selfless sacrifice which Gita has taught us for surviving the destructions we are facing today.*

*This is obviously a global congregation of peaceful minds, a life-time event in London or, so to say, in the world over where, I believe, the Brahman is present in all the divine aspirants, in the purified butter, in the oblations and in the fire. We would expect this Yajna to be performed through the initiative everywhere where Hindus can revisit their lost home of divine blessings and divine strength.*

*We wish a very successful and effective Gita Yajna here in 2024 to build up a stronger brother and sisterhood amongst the people in the world, irrespective of caste, creed, religion, community, or whatever diversity we face.*

**Nityananda Chakravorty**  
**President**  
Sri Sri Gitasangha Bangladesh

*Message from  
President  
Bhagavad Gita Research Foundation (BGRF)*



*On behalf of Bhagavad Gita Research Foundation (BGRF), I welcome you all to the annual Yajna for World peace & Harmony. I am much honoured and thankful to a huge number Sri Krishna loving people who gathered here to offer their prayer and abandonment of their all sins if any to the flame of Yajna and oblation of thy-self on this holy day.*

*As the world continues to grapple with the effects of an unprecedented pandemic, many are seeking solace in spirituality and meditation. In these trying times, one spiritual practice has been gaining increased attention: Gita Yajna. Bhagavad Gita Research Foundation in association with Sri Sri Gitasangha Bangladesh is jointly hosting this Gita Yajna -a ritual performed to promote peace and harmony in the world and create an atmosphere of positivity. This ancient practice has been adopted by people across the globe as more seek comfort in its teachings. At its core, Gita Yajna is a call for global unity – it seeks to bring together individuals regardless of their religious beliefs or backgrounds through shared energy and understanding. For those who participate in this yajna, it serves as an opportunity to reflect on their actions and intentions while deepening their connection with nature's divine power. It can also be used to strengthen relationships between communities by fostering mutual respect for each other's beliefs while promoting peace throughout the planet.*

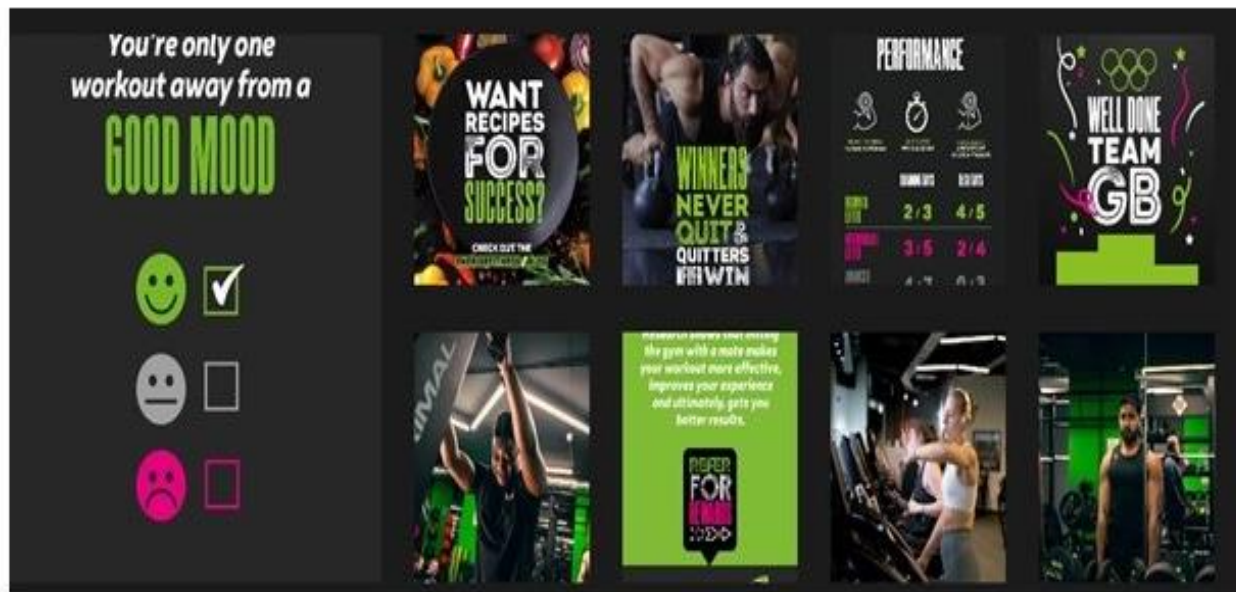
*Bhagavad Gita Research Foundation (BGRF) is an academic and spirituality research platform established with the intension of creating knowledge bank/hub of the renowned academia, scholars, and philosophers from around the globe who does have a wealth of experiences on research and spiritualism on Vedanta Philosophy. It is a non-profit making independent and non-political organization. This platform envisages hearing and documenting the tenets and teachings of Veda, Bhagavad Gita, and other allied Hindu religious scriptures applicable to this contemporary world at large. It works not only to propagate the endeavour but to ensure greater tolerance and openness of mind. BGRF seeks to ensure a wider understanding of one of the most influential texts in Eastern Philosophy, as well as bringing people together who have a wish to appreciate life's spiritual essence.*

*BGRF is much privileged and thankful to the Chief Priest Mr Nityananda Chakraborty who will conduct the Yajna. I must offer our sincere thanks to our valued sponsors and Krishna Devotees for their association with this Yajna and who extended their great support.*

*My sincere thanks to who offer their devotion to make this Yajna a meaningful ritual.*

**Santosh Chandra Sarker**  
**President**  
Bhagavad Gita Research Foundation (BGRF), UK

énergie fitness   
where you belong...



<https://energiefitness.com/>



## ANNUAL GITA YAJNA-2024 COMMITTEE MEMBERS

### Managing Editor

- **Dr P. R. Datta**, Trustee, Director of Research and International Affairs, Bhagavad Gita Research Foundation, UK, Managing Editor, International Journal of Hinduism & Philosophy

### Executive Committee members

- **Santosh Chandra Sarker**, Trustee, President, Bhagavad Gita Research Foundation, UK
- **Pradip C Das**, Trustee, Director of Finance, Bhagavad Gita Research Foundation, UK
- **Anindya Das Gupta**, Trustee, Secretary, Bhagavad Gita Research Foundation, UK
- **Sojay Saha**, Trustee, Treasurer, Bhagavad Gita Research Foundation, UK
- **Ms Nilimadash Saha**, Trustee, Deputy Director, Research & Publication, BGRF, UK
- **Dr B. R. Chakraborty**, Founding Member, Vice-President, Bhagavad Gita Research Foundation, UK
- **Ms Sujata R Dey**, Founding member, Director, Membership and Subscription, BGRF, UK
- **Ms Shila Das**, Founding member, Event Director, BGRF, UK
- **Ms Mondira Saha**, Director Women Affairs, BGRF, UK
- **Ujjal Saha**, Director, Community Affairs, Media, and Digital Documentation, BGRF, UK
- **Bibrota Singha**, Director of Fund Raising, BGRF, UK
- **Ashish Paul**, Joint Director of Fund Raising, BGRF, UK
- **Shipra Das**, Deputy Community Affairs, and digital media, BGRF, UK
- **Lipica Rani Das**, Deputy Event Director, BGRF, UK
- **Arnita Das**, Director of Childrens Affairs, BGRF, UK
- **Dr Sajal Kumar Palit**, Chapter President, BGRF, Australia
- **Samir Saha**, Chapter President, BGRF, Scotland, UK
- **Dipu Kumar**, Executive member, Event Management, BGRF, UK
- **Rita Dutta**, Executive member, Community Affairs, BGRF, UK

### MAIN PRIEST FOR THE YAJNA-2024

- **Nityananda Chakravorty**, President, Sri Sri Gitasangha Bangladesh

### ANNUAL GITA YAJNA- ADVISORY BOARD

- **Prof. B.C. Basak**-Ex-Chairman, Civil Engineering Department, Stamford University, Dhaka, Bangladesh
- **Subhra Saha**, President-BGRF, Toronto, Canada
- **Dr Arun Kumar Saha**: Former Senior Project Officer/Unit Head, Agriculture & Natural Resources, Bangladesh Resident Mission, Asian Development Bank (ADB), Bangladesh
- **Prof. (Dr)Padmakali Banerjee**, FRSA, Vice Chancellor, Sir Padampat Singhania University, Udaipur, India
- **Engr. Dipendra Narayan Singh**, Chapter President, BGRF, Kolkata, India
- **Prof. Gairik Das**, IISWBM, Kolkata, India
- **Prof. Atish Prasad Mondal**, St Xavier's College, Kolkata, India
- **Prof. Rupen C. Bhattacharjee**-Vice Chancellor, PDM University, New Delhi, India
- **Pawan Sethhi**, Bollywood Script Writer, Poet, international orator, India
- **Eng. Ranjit Roy**, President of the Srikrishna Bhakta Shangha USA

- **Stephen Silver**, Principal, School of Philosophy and Economic Science, UK
- **Dr BalMukund Bhala**, MBBS, DA, MD, Patron of Bhaktivedanta Manor in Watford, UK
- **Dr. Sunil C Dutta**, Ex-president, BGRF, Australia
- **N. Bardhan**, Secretary, Gitasangha Bangladesh
- **Amiya Mukherjee**, Secretary, Aurobindo Centre, Dhaka, Bangladesh
- **Sukumar Chakrabarty**, Ex-Banker and religious orator, Bangladesh
- **Nanda Gopal Chakraborty**, Fellow Chartered Accountant, Dhaka, Bangladesh
- **Mohini Mohan Chakrabarty**, Ex-Additional Secretary, Government of Bangladesh

## BHAGAVAD GITA RESEARCH FOUNDATION -PATRONS

1. **Dr BalMukund Bhala**, MBBS, DA, MD, Patron of Bhaktivedanta Manor in Watford, UK
2. **Nityananda Chakravorty**, President, Sri Sri Geeta Sangha, Bangladesh
3. **S.R. Sinha**, Retired Member of the Supreme Court Bar in England and Wales, UK
4. **Dr Sunil Kanti Roy**, Gastroenterologist & General Physician, London, UK
5. **Lalit Mohan Datta**, Businessman, Dhaka, Bangladesh
6. **Prof. Uday Sankar Chakraborty**, Trustee, Hindu Religious Welfare Trust and general Secretary, Sri Ramkrishna Ashmar, Kurigram, Bangladesh
7. **Hon. Dr Sockalingam Yogalingam**, Politician and Entrepreneur, London, UK

## BGRF- LOCAL & INTERNATIONAL CHAPTERS

1. **Australia: Dr Sajal Kumar Palit**, President, BGRF, Australia
2. **Bangladesh-Prof. Dr Mayna Talukdar**, Chairman, Department of Sanskrit, University of Dhaka
3. **Canada-Shubhra Shah**, President, BGRF and Configuration Management Database Specialist for Stefanini Inc. assigned to Motorola Solutions, Toronto.
4. **India-Dipendra Narayan Singha**, President, BGRF, India, Former CEO, Shree Gouri Shankar Jute Mills, Kolkata
5. **New Zealand-Prof. Dr. Shymal Das**, Associated Dean, Faculty of Pharmacy, Otago University, New Zealand
6. **USA: Prof. Dr. Deepraj Mukherjee**, Kent State University
7. **South Africa- Dr. Lokesh Ramnath Maharajh**, University of KwaZulu Natal, South Africa
8. **Scotland-Samir Shaha**, President, BGRF Scotland Chapter, UK

## A SPECIAL THANKS TO YOU ALL

*Bhagavad Gita Research Foundation (BGRF), UK and Sri Sri Gitasangha Bangladesh would like to express their sincere gratitude to all Krishna Devotees, Huthis to support the Yajna, Priests, all the members of the Horinam Kirtan group, Sponsors, Donars, and others who have contributed to the Ahutis for their unwavering support in making this Yajna a success in promoting world peace and harmony. BGRF and Sri Sri Gita Sangha Bangladesh are extremely appreciative of your support and association.*

## BHAGAVAD GITA CHANTS-MEMBERS

Chapter (s)	Chapter Title	No of Verses	Name of the person
Chapter-1	Arjuna Vishada Yoga	47	<i>Arnita Das</i>
Chapter-2	Sankhya Yoga	72	<i>Krishna Shil</i>
Chapter-3	Karma Yoga	43	<i>Krishna Shil</i>
Chapter-4	Gyana-Karma-Sanyasa Yoga	42	<i>Krishna Shil</i>
Chapter-5	Karma-Sanyasa Yoga	29	<i>Krishna Shil</i>
Chapter-6	Atma-Samyama Yoga	47	<i>Krishna Shil</i>
Chapter-7	Gyana-Vigyana Yoga	30	<i>Krishna Shil</i>
Chapter-8	Aksara Brahma Yoga	28	<i>Krishna Shil</i>
Chapter-9	Raja-Vidya-Raja-Guhya Yoga	34	<i>Krishna Shil</i>
Chapter-10	Vibhuti Yoga	42	<i>Supan Acharjee</i>
Chapter-11	Vishwarupa-Darsana Yoga	55	<i>Mr. Nityananda Chakravorty</i>
Chapter-12	Bhakti Yoga	20	<i>Supan Acharjee</i>
Chapter-13	Ksetra-Ksetrajna-Vibhaga Yoga	34	<i>Mr. Nityananda Chakravorty</i>
Chapter-14	Gunatraya-Vibhaga Yoga	27	<i>Mr. Nityananda Chakravorty</i>
Chapter-15	Purushottama Yoga	20	<i>Mr. Nityananda Chakravorty</i>
Chapter-16	Daivasura-Sampad-Vibhaga Yoga	24	<i>Mr. Nityananda Chakravorty</i>
Chapter-17	Shraddhatraya-Vibhaga Yoga	28	<i>Mr. Nityananda Chakravorty</i>
Chapter-18	Moksha-Sanyasa Yoga	78	<i>Mr. Nityananda Chakravorty</i>

## **BGRF GITA YAJNA 2024** **The Programme**

---

**[All arrive at the venue before 9.00 AM]**

**9:30 AM Reception to the Invited Devotees and Guests**

**10:00 AM Inauguration of the Gita Yajna by the BGRF, Sri Sri Gita Sangha Bangladesh and The Hindu Centre** (with kindling of the holy flame, chanting of Sankha, Mridanga and Hari Nam Kirtan), and Gifts to the Purohit

The global community is amid a crisis. People everywhere are reeling from the tragic effects of wars in the Ukraine and the Middle East, economic and political instability in many nations, and other global crises like climate change. People and communities across the world have been most adversely impacted by these occurrences, and many have been made to endure unimaginable hardship as a result.

The Yajna is being performed as a prayer to the Brahman for the "souls" of all those people of every race, faith, religion, and nation who lost their lives in the Covid-19 attack to be in peace. After that, we will pray for the protection of all people around the world, especially considering the ongoing Pandemic and the virulent calamities brought about by Climate Change, economic and social crises, and other global problems.

**10.30 AM Recitation from holy Chandi (to be performed by Mr. Nityananda Chakravorty)**

**11.00 AM Gita yajna starts**

Gita Yajna functionally starts with ritual invocations and kindling of holy fire with Sankalpa for the World Peace (to be uttered by the Principal Priest), followed by the grand uttering of the First Sloka of the holy Book along with offering of oblation into the holy fire of Brahman seated in the Sthandil (designed after specific Hindu Yajna rituals). The Chief Guest will offer this first oblation along with the 4 designated Purohitis who will continue afterwards till completion of the Yajna with the last Sloka of the holy Gita.

*(Special Note: On completion of each of the 18 chapters of Gita, interested devotees will participate with their devotional songs, short relevant speeches etc. (max. two minutes) as the devotees may like to perform till the beginning of the next Chapter. Interested devotees will be given opportunity for individual offerings too during Yajna into the holy fire with their respective cherished wishes (Sankalpa) by registering their names and Gotras with BGRF well before the Yajna starts).*

**3.00 PM Closing of the Yajna by offering "Purnahuti" (the closing oblation with Mantras) and "Anjali" by the attending devotees who wish to pray and offer.**

**3.30 PM: Award of Honors**

**4.00 PM Pritibhoj** (Distribution of Mahaprosad to all Devotees)

**5.30 PM Closing of the Programme with Shanti Mantra**

## ANNUAL GITA YAJNA-CO- SPONSORS

### Co-Sponsors



Bhagavad Gita Research Foundation (BGRF) has been established with the express purpose of ensuring a wider understanding of a supremely holy text of Hinduism. BGRF works not only to propagate this work but to ensure greater tolerance and openness of mind. The Bhagavad Gita offers a route to enlightenment that is open to all, for many of its devotees it is a means of finding the eternal way of ultimate liberation, knowledge, and bliss. Importantly, this philosophical treatise offers diverse paths (the spiritual, theological, intellectual, and scientific) that help provide greater meaning to life. Through the study and practice of the tenets and teachings of the sublime book, we are all afforded a means to be spiritually nourished and satisfied. The BGRF seeks to ensure a wider understanding of one of the most influential texts in Eastern Philosophy, as well as bringing people together who have a wish to appreciate life's spiritual essence. We all need to seek and be prepared to question and learn in a spirit of mutual respect, tolerance, and humility. Bhagavad Gita Research Foundation (BGRF) is a non-profit making organization that is registered in UK as a company limited by guarantee. It is an independent and non-political entity that does not accept donations from any person or organization seeking to use the BGRF as a vehicle to promote their own political agenda.



The International Journal of Hinduism & Philosophy (IJHP) seeks to take the reader on a journey of exploration, one that challenges, surprises, and provides meaningful insight. With an estimated 15% of the world's population being adherents to the Hindu faith there is all the more reason to examine this world religion from an academic perspective. Similarly, philosophy, the study of the fundamental nature of knowledge, reality and existence is a laudable pursuit. Hence, the International Journal of Hinduism & Philosophy (IJHP) aims to play a positive and purposeful role in fostering greater understanding and enlightenment. IJHP is a refereed journal that seeks to be a scholarly conduit by which academic papers concerning Hinduism and Philosophy are placed into the public domain. The journal seeks to provide an authoritative source of information for academicians, religious scholars, and practitioners, and those desirous to learn about Hindu theology and the way in which thinkers down the ages have wrestled with the fundamentals of human existence.



Started with the name and style of Sri Sri Gitasangha (Central) in the year 1990, registered under the Ministry of Social Welfare, Bangladesh, the organization has graduated from local to national status in 30 years of time (in 2022) under revised registration with the name of Sri Sri Gutasangha Bangladesh due to its ever-expanding demand from the Hindu community and its undaunted and successful march for disseminating the holy message of Lord Sri Krishna in Shrimad Bhagavat Gita. This

nationwide organization has a wide scope of work including mainly the teaching of the Gita verses to young and aged members of the community in more than 400 Gita schools, conveying its philosophical heights and practical implications and deeper meanings of each Sloka so that this oblivious generation can bring back its wisdom, Vedic, and Upanishadic universality of thoughts to get the strength for coming out of the confines of traditional and myopic religious rituals. Moreover, its devout general members numbering more than a million have locally organized branches to multiply the events of reciting and practicing Gita verses. Besides this, it organizes seminars, symposia and discussions inviting noted intellectuals and virtuous Sannyasins from organizations home and abroad.

As an organization it has its own edited version of the holy book Gita in large and small sizes, cheaper to access and easier to read for the large portion of Hindu community who have no scope to learn Sanskrit in this country. The Ministry of Religious Affairs of Bangladesh have gracefully printed the Gita if this organization in 30,000 copies and distributed those to the learners of Gita in all the temple-based public schools in all the 64 districts of the country. Besides this again, it has published easy version of Sri Sri Chandi and book like Helps to the Study of Gita etc. to open the avenues of wisdom among the new generation Hindus.

Sri Sri Gitasangha Bangladesh feels proud of having the illumining partnership with BGRF recently, which has helped the Sangha to broaden its nobler functions beyond Bangladesh. Working together, we hope to transcend the limits of communal divisions and reach an effective unity in diversities which has been the mainstay of Hindu religion over last thousands of years.

**SD SOLICITORS**  
249-251 MILE END ROAD  
LONDON E1 4BJ  
TELEPHONE: 0207 790 1653  
MOB: 07908075213  
WWW.SDSOLICITORSUK.COM  
INFO@SDSOLICITORSUK.COM



**Samir Kumar Das**  
**Director, Principal Solicitor & Commissioner for Oath**



**Best wishes for the Annual Gita Yajna for the world peace & harmony**

**Specialising in:**  
**Litigation, Immigration, Family Law, Employment, EU applications and Asylum/Human Rights**

SD Solicitors is the trading name of SD Solicitors Ltd registered in England under number 11338330. The registered Office is at 249-251 Mile End Road Stepney Green London E1 4BJ. The firm is authorised and regulated by the Solicitors Regulation Authority under firm SRA number648787



## Rationale

The global community is amid serious crises. Covid-19 pandemic casualties, conflicts in Ukraine and the Middle East, widespread economic and political unrest, and other global crises including climate change have all reached record highs in recent years. People and communities all across the world have been profoundly impacted by these occurrences, and many have been made to endure unimaginable hardship as a result. There has been a dramatic rise in the number of wars occurring in the world today. More than half a million people have lost their lives in Syria's civil conflict, and millions more have been forced to flee their homes. Conflicts between diverse external and domestic forces have exacerbated instability in many places of the world. There have been many casualties from these wars, and many of them will have the physical and psychological scars of their experiences for the rest of their lives. Struggles with the economy are a serious problem in many places of the world nowadays. Many people in developing countries live in abject poverty because of unequal access to necessities including food, water, education, and healthcare, contributing to a worldwide rise in income disparity. The failure of governments or international organisations like the United Nations (UN) to address this economic inequity can create social dissatisfaction, which can subsequently lead to violence.

When it comes to preserving Earth for future generations, environmental deterioration is a greater danger than war or conflict. Despite frequent warnings from scientific organisations concerning the possibly catastrophic repercussions of climate change if nothing is done about it, most governments still fail to take effective action against it. Deforestation and air pollution from factories continue to threaten biodiversity, and factories continue to pollute the air we breathe. With everything working against us, it will be tough for future generations of humans to not only survive but thrive.

While it is true that the world has been caught in a web of mega-scale natural and man-made calamities in recent years, a technical breakthrough is not currently anticipated. As many as 432 catastrophic disasters occurred in 2021 alone, claiming the lives of 101,1 million people and costing an estimated US\$252,1 billion owing to global warming around the planet. Wildfires have broken out all over the world in 2022, including Portugal, Argentina, France, Algeria, Spain, Italy, the United Kingdom, Brazil, Canada, and the United States. Human and animal life have been lost in greater numbers than ever before due to recent floods in Bangladesh and prolonged droughts, landslides, and floods across the Indian subcontinent. The NATURE has been disregarded by us and hence GOD according to Gita:

मयाध्यक्षेण प्रकृतिः स्यूते सचराचरम् ।  
हेतुनानेन कौन्तेय जगद्विपरिवर्तते ॥ ९-१०॥

Meaning: By reason of my proximity, Nature produces all these, the moving and unmoving, the world wheels round and round, because of this (Ch-9, Sloka-10)

With such bleak or no prospects of recovery from a situation "where we are moving to end up living as the planet burns" due largely to erratic global climate behaviour against some dangerous but unavoidable human interventions like power generation, manufacturing goods, and denudation of forest resources,

Bhagavat Gita Research Foundation, UK and Sri Sri Gita Sangha, Bangladesh truly believe that it is our modest duty now to explore areas of tranquil dwelling under the holy shelter of God by performing "Gita Yajna," a symbolic offering of our wishes into the holy fire of Brahman.

It is proposed that this year's "Yajna" in UK will be dedicated to humanity as a whole, and in particular to those affected by the increasing number of natural disasters such as Cyclones, Ocean surges, Floods, Landslides, Wildfire/Bushfire, and other Climatic extremes affecting millions of people in many countries. We pray that the blazing fire of "Yajna" will reduce all such devastations, just as the Yajna Fire reduces wood to charcoal (Gita, Chapter 4, Sloka 37).

यथैधांसि समिद्धोऽग्निर्भस्मसात्कुरुतेऽर्जुन ।  
ज्ञानाग्निः सर्वकर्माणि भस्मसात्कुरुते तथा ॥ ४-३७॥

*Let's perform the offering together with you all to make the "Yajna" the harbinger of World Peace.*

The Bhagavad Gita is an ancient Indian text that has provided guidance and wisdom for centuries. It is one of the most important philosophical texts in Hinduism, and its teachings have a wide range of contemporary applications. Gita yajna is an ancient practice involving the sacrifice of something of value to God or the divine as a sign of devotion. This can take many forms, from physical offerings like flowers or food to spiritual ones like prayer or meditation. It is believed that when these offerings are made with sincerity and devotion, they generate positive energy that radiates throughout the universe, bringing serenity and harmony wherever it travels.

Gita Yajna is the recitation and offering of all 700 verses of the Holy Book Srimad Bhagavat Gita into the Fire of Brahman (Sri Krishna) while reciting "OM Sri Krishna Paramatmane Swaha" each time. Each of these offerings will be an oblation (Samidh) along with clarified butter (Ghee) to the sacred Fire (Agni) to convey our prayers to the holy feet of the Brahman, the "Yajneswara", the Absolute. The method is Brahman, the clarified butter is Brahman, and by observing Brahman in action, one is offered Brahman (Gita Chapter-4, Sloka-24):

ब्रह्मार्पणं ब्रह्म हविर्ब्रह्माग्नौ ब्रह्मणा हुतम् ।  
ब्रह्मैव तेन गन्तव्यं ब्रह्मकर्मसमाधिना ॥ ४-२४॥

If such offerings into fire are not feasible due to various constraints, the Offering of Flowers (Puspa Yajna) is also performed, with 700 Slokas recited to the Brahman while chanting " OM Sri Krishna Paramatmana Namah."

The whole performance takes roughly five to six hours followed by chanting of "Nam Kirtan" and holy Prasad.

### **Objectives of the Gita yanja**

1. To gather and share the experiences of all those involved in the process of bringing about world peace by personal and collective efforts such as executing established religious rites and sacrifices, particularly those based on the Sanatan qualities of offering oblations.



2. To foster synergies among various Sanatan organisations, individuals, and practices in order to create a unified meditative will-force to curve or turn the current antagonistic forces towards human welfare.
3. To offer oblations to Sri Krishna's holy feet with the goal (Sankalpa) of bringing down the Divine Bliss to brush off the evil forces of nature and human activities causing pandemics, climate change disasters, war, and so on.
4. Overall, to provide a tranquil and majestic platform for all devotees to retain their thoughts, hearts, and intellect in a heavenly abode of unmixed peace and happiness, at least throughout the Yajna rites and for some time thereafter, which is a rare wealth for humanity today.

### **Significance of Gita Yajna**

1. Human beings are constrained by their nature, operating on the basis of ego and desires. We forget that there is a Supreme Will that is ultimately effective. Yajna is a type of group performance in which we put our egos and desires aside for a period of time and immerse ourselves profoundly in. Meditation can be achieved by bringing together a large number of devotees.
2. Normally, humans do not have the ability to reach Sri Krishna's holy feet only via their own efforts. Yajna gives believers a utensil with which to touch His feet. And that is the Brahman fire (if Agni Yajna) or the Brahman flower (if Pushpa Yajna) that is utilised as an oblation into the Yajna. The Brahman receives those as the Devotees' message.
3. Devotees frequently accompany those oblations with their holy intentions in order to get Divine Blessings for personal, societal, national, and global peace and pleasure.
4. Sacrifice is at the heart of the entire exercise: time, energy, will, ego, and all mundane desires to please God. The more of this type of sacrifice we perform, the more Divine gifts we receive that will merge human beings to form a sacred "Sacrifice" eligible to be offered to Yajnas Eshwar.
5. Gita Yajna is an essential ritual for fostering unity in today's divided world, as it plays double duty by uniting people of different faiths and cultures and by encouraging the development of personal fortitude in the face of adversity. Gita Yajna's potential to bring about enduring change in people's lives and in society is enormous, given the importance it places on selfless service to others and the ability it has to reconnect us all with our divine source.

## About the Gita Yajna

### I. Introduction: The Evolution and the Concept of Yajna

The Purusha Sukta of the Veda<sup>1</sup> in its Slokas states: The Cosmic Being or Absolute Purusha put Himself as the oblation to burn in the fires of Yajna while creating the Multiverse along with Vedas, all creatures, living or non-living. This is the evidence of the emergence of Yajna and that every being is the part and parcel of the Absolute. For example, the following is cited from the Purusha Sukta:

Text Ten  
*tasmad yajnat sarvahutaha  
richassamani jijignire  
chandhagamsi jijignire tasmad  
yajus tasmad ajayata*

From that yajna (or sacrifice) wherein the Cosmic Being was Himself the oblation, were born the riks (the mantras of the Rig-veda) and the samans (the mantras of the Sama-veda). From that (yajna) the metres (like Gayatri) were born. From that (yajna again) the yujas (the Yajur-veda) was born.

Gita also declares in Sloka-10 of Chapter-3:

“The Prajapati, having in the beginning created mankind together with Yajna, said, “By this shall ye multiply; this shall be the milch cow of your desires”

So, the body and life of humankind, when sacrificed as the oblation in the fire of Yajna activities of their daily life, can enjoy the best blessings of Brahman.

Since the very beginning of the Hindu religion, Yajna has thus been adopted as the primary most important sacrificial practice or Puja or the way of meditation, every age and everywhere by the Hindus. The prime objective of the Yajna was originally set during the Vedic era to ensure the human welfare at large by performing Yajna for the satisfaction of Gods like Indra, Baruna, Mitra etc. to whom the oblations were made. Even with the successive evolution of post-Vedic literature like Samhita, Brahman, Aranyak and Upanishads, the two main canons of the Veda: Karma and Jnan invariably retained the concept of Yajna as the central point. But the practical details of performing the Yajna have changed with the pass of time, keeping its philosophical significance unchanged.

Yajna is, therefore, a strong uniting force to relate human beings with the Brahman. By dint of this force, human beings acquire an opportunity to meet the Absolute transcendently, a Divine Touch, which is the prime objective of every life to achieve on this earth.

The secondary facet, but not of the least importance, of this Yajna was initially designed by the Vedic Rishis to coordinate between the Nature (the Cosmic power of the Brahman) and the Beings on this universe. With time, this Yajna was also practiced to coordinate the internal physical organs and senses of human beings, culminating into a greater and tripartite coordination among external world, internal human organs of the body and the transcendental entity. The Being who performed this Yajna could have succeeded in achieving material welfare on the one hand and Divine blessings on the other for enjoying a total human prosperity or accomplishment.

Yajna implies an all- pervasive meaning that the total life of a man or woman is a Yajna. The louder proclamation of Gita is: “Yajna” is synonymous with “Karma”. If a Karma is dedicated to the purpose of

---

<sup>1</sup> Rig Veda (10.7.90.1-16); Taititiys Aranyak etc.

satisfying God, it takes the character of Sacrifice. This sacrificial work, ignoring the ego or self-aggrandizement, is the Yajna. The work or activity that entails no sacrifice, no sense of self-surrender or elevation of consciousness to a higher state is dubbed as Bi-Karma in Gita. Hence is the importance of transcendental knowledge in Yajna activities where the ego or personal aggrandizement or lust for material enjoyment must be altogether abandoned while Yajna Karma is performed. Karma and Jnana have to be an interlapping whole while performing the Yajna.

Yajna is, therefore, a worshipping process out of which a transcendental light is thrown upon the person performing it to unveil the apparently shading screen between him/her and the Absolute. Vedic Rishis had a gorgeous design to unite the will of the heavenly Gods, the invincible powerplay of the Nature in the universe and the universal life and livelihoods of the beings together through this Yajna. This Vedic Yajna was thus master planned to bring forth the gifts from Devas, Nature's free and unbounded bounties and boundless sacrificial works and efforts of mankind together into this great estuary of Oblations so that the highest good could be brought about in this Multiverse.

How wonderful the thoughts of ancient Rishis were there in the design and concept of Yajna!!!

## **II. About the "Gita-Yajna"**

Thousands of years from now, the Vedic Yajna performed thus by the Rishis, Kshatriya Kings and the people of ascetic way had been bringing about greater welfare of the human society in ancient India. But with time the Vedic canon of "Karma," started losing proper back up of "Jnana" canon or knowledge part of Yajna and gave rise to various limitations of Yajna activity. Mundane and material desires or the "illusive haven" objective took the front seat for majority of ignorant people bereft of the basic spirit of Yajna. These erratic Yajnas rendered Yajna itself to be ineffective and used as a means to attain shallow material benefits for earthly and transitory happiness which was, by no means, the greater objective of Yajna.

Lord Sri Krishna in Dvapara Yuga, therefore, criticized the Yajna practices in vogue at that time that did not care for the Jnana, but, on the contrary, lurked stealthily to enjoy the illusive havens as the fruit of Yajna. He said, "But the fruit (accruing) to these people of little understanding is limited. The worshipers of the Devas go to the Devas; My devotees do come to me" (Gita-7/23). Those ignorant people praise a lot about such wishful Yajna as the means to attain such mundane results, turn into fatalists and believers of transmigration of life to avail the happiness of Swarga. Gita says, "O Partha, no set determination is formed in the minds of those that are deeply attached to pleasure and power, and whose discrimination is stolen away by the flowery words of the unwise, who are full of desires and look upon heaven as their highest goal and who, taking pleasure in the panegyric words of the Vedas, declare that there is nothing also. These flowery words are exuberant with various specific rites as the means to pleasure and power and are the causes of new births as the results of their desireful works" (Gita-2/42-44).

The world is now suffering an obstinate and morbid threat of natural and human-made calamities and disasters, which is the culmination of over-selfish and frivolous works or Karmas devoid of Jnana. Lord Krishna said (Gita-3/14), "From food come forth beings; from rain food is produced; from Yajna arises rain; and Yajna is born of Karma". This is called "the Wheel of Creation" Implication of this Wheel has been very deep: orchestration and synchronization of the five basic Cosmic entities (this earth/soil, water, air, fire/energy, and space) which are controlled by different demigods who would be satisfied by the Yajna activities and would maintain a unique balance between those entities. The basic reason lies in forgoing/sacrificing self-interest for the good of all so that the natural bounties can be shared by all and sundry, without grabbing the most for the self. If all human activities could follow these sacrificing principles and live a dedicated life of surrendering self for all, a real Yajna as per Veda could be

performed. Sri Krishna also said, “Know Karma to have risen from the Veda, and the Veda from the Imperishable. Therefore, the all-pervading Veda is ever-centered in Yajna” (Gita- 3/15). Also added, “Those who here follows not the Wheel thus set revolving, living in sin, and satisfied in the senses, O son of Partha- they live in vain” (Gita-3/16).

Gita-Yajna is thus a sacrificial performance of everybody in Hindu religion. It is to make oblations of wishes into the fire of Yajna. These wishes are but the dedicated wishes devoid of plan and desire for results, further purified by the fire of knowledge (Gita-4/19). Those who perform this Yajna in the said spirit are the “Wise” according to Gita (ibid). Lord Krishna cited the example of the historical King Janaka who sacrificed all his activities in life for the good of his subjects. More practically, Gita wants oblations of every human activity (dedicated to the Divine) as a fuel to the flame of Cosmic Fire burning as the Divine Desire of the Absolute in this Universe. The Desire as such is to transform this world into a Divine Abode.

Gita Yajna is a performance to evoke this spirit among the broader human society in this planet, irrespective of religion, caste, creed, community, race, color, or any discrimination. Thus purified, the whole Karma of a person’s life becomes one act of Yajna, in which the process of oblation, the offering, the doer of the sacrifice, the work itself and the goal are all Brahman (Gita-4/24). Since the Karma produces no other result than the attainment of Brahman, his/her Karma is said to be melt away like the Ghee or butter.

Gita mentions twelve Yajnas in particular, but the Lord informed of many other Yajnas learnt from the Brahman (Gita-4/32). The Lord again mentioned “Yapa Yajna” as His Own Yajna (Gita-10/25), which means silent repetition of His name which does not, of course, exclude the self-purification activities in life externally.

Overall, Gita-Yajna attaches priority to internal surrender and love for the Brahman rather than its external formalities. The utterings of Gita Slokas by such devout devotees<sup>2</sup> together produce “Sound Brahma” which the Yajna Fire carries with the sacred desires of those who perform Yajna up to the feet of the Brahman. And the pure and serene feeling arising out of such surrender lifts the performer from his/her body to the mind, from mind to the soul, from soul to Jnana and from Jnana to the peak of the Ananda of Brahman. Lord Sri Krishna exposed this Yajna performance to all for this objective of freeing the performer from the confines of his/her limitations to a greater and collective good of the humanity at large and finally to emancipation through collective efforts of surrender.

### **III Expectation of BGRF from this Gita Yajna**

**BGRF** has been engaged in upholding the essence of the Hindu religion, philosophy, and its practices in this millennium to demonstrate among the new generations today the golden outcomes of the primordial Vedic era through the Smritis and Shrutis. This English version is specially meant for those Bengali youngsters who cannot read or understand Bangla, due to their living current lifestyle abroad. Somewhere, therefore, this version is prepared more explanatory with citations from Sastras than in its original Bangla text.

Yajna has been one of the most powerful tools in Hindu religion for the devotees to have a vibrant growth of divine qualities inside and be directly communicated with the Brahman. The Holy Gita has unequivocally proclaimed that the growth of God in man is man’s proper business. In that context, Gita’s Slokas have turned out to be the most appropriate verses amenable to modern life application and most

---

<sup>2</sup> Gita-8/12-13): *controlling all the senses, confining the mind in the heart, drawing the Prana into the head, occupied in the practice of concentration, uttering the one syllable “Om” – the Brahman, and meditating on Me.*

suitably be uttered collectively with oblations into the Fire of Brahman. We believe we are totally prepared for making the oblations and for bringing about a better world by sacrificing our heinous and selfish motives that have conspired to lead humans today to a peril of physical and spiritual destruction.

Gita Yajna-2023 is thus a landmark in the history of London to become a life-time event for the new generation who are expected to carry this forward for proper guidance of Hindu community of the world on to the right path "Lokasangraha" (Gita-3/20) which means a congregation of a devout mass dedicated to the lessons of Bhagavad Gita for the material and spiritual peace and well-being of the humanity at large.

BGRF wishes a happy, prosperous, and peaceful life for all beings through this Gita Yajna.



**Shuvo Kumar Das**  
Managing Director



**The Dhaka Jewellers**

📍 211, Dhaka New Market, Dhaka-1205.  
☎️ 01720-111455, 01912-083781 📞 02-58614245



✉️ shuvo2007@hotmail.com / 📘 The Dhaka Jewellers

## গীতায়ত্ত্ব প্রসঙ্গ শ্রী নিত্যানন্দ চক্রবর্তী

### ১। ভূমিকা

বেদের<sup>৩</sup> পুরুষসূক্তে বলা হয়েছে, প্রজাপতি ব্রহ্মা যজ্ঞের দ্বারা<sup>৪</sup> নিজের যজ্ঞের দ্বারা নিজেরই অঙ্গ-প্রত্যঙ্গ সমর্পণের মাধ্যমে বেদসহ গ্রহপূজা, প্রাণীকুল স্বাবর জঙ্গমাди তাঁরই অংশ হিসেবে সৃষ্টি করেছিলেন। যোগিরাজ শ্রীকৃষ্ণ নিজস্ব মুখে গীতায় বললেন, সহযজ্ঞ প্রজা সৃষ্টি বা পুরোবাচ প্রজাপতিঃ।

অনেন প্রসবিষ্যধ্বমেষ বোহস্তিস্তিকামধুক্ \ (৩/১০ গীতা)

প্রজাপতি ব্রহ্মা সৃষ্টির আদিতেই প্রজার সাথে যজ্ঞ সৃষ্টি করেছিলেন। বলেছিলেন, এই যজ্ঞ দ্বারা তোমরা বৃদ্ধিপ্রাপ্ত হও এবং এই যজ্ঞ তোমাদের ইচ্ছিত কামনা ফলবর্তী করুক।

হিন্দু ধর্মে উষালগ্ন থেকেই 'যজ্ঞ' এ ধর্মের একটি অতি গুরুত্বপূর্ণ অংগ। 'যজ্' ধাতু থেকে এর উৎপত্তি, যার অর্থ যজনা বা পূজা বা আরাধনা বলা যেতে পারে। বৈদিক যুগ অর্থাৎ আজ থেকে আনুমানিক পাঁচ হাজার বছর আগে থেকে এই 'যজ্ঞ' ক্রিয়াটি শুরু হয়েছিল। ইন্দ্র, বরুণ, মিত্র ইত্যাদি দেবতা, অমর, সুরগণের সন্তুষ্টি বিধান করে পৃথিবীর মানুষের কল্যাণ নিশ্চিত করাই প্রধানতঃ যজ্ঞের সাধারণ উদ্দেশ্য ছিল। সময়ের বিবর্তনের সাথে সাথে সংহিতা, ব্রাহ্মণ, আরণ্যক, উপনিষদের ক্রমানুবর্তীকালে বেদের কর্ম ও জ্ঞান কাণ্ডের যে দুই প্রধান ধারা প্রাচীন ভারতের ধর্মজগতে প্রচলিত ছিল তাঁর সর্বত্রই 'যজ্ঞ'-র ধারণাটি ছিল মধ্যমণি। তবে এ যজ্ঞক্রিয়া সম্পাদনের আচারিক বা ব্যবহারিক প্রথা সময়ের সাথে পরিবর্তিত হয়েছে।

মানুষের সাথে সৃষ্টিকর্তার সম্পর্ক স্থাপনে যজ্ঞ এক বিশাল যোগসূত্র। এই যোগে স্রষ্টার সাথে মানুষ অলৌকিক সাক্ষাতের অধিকার পায়, যা তার জীবনের পরম সার্থকতা।

শুরুর দিকে যজ্ঞ প্রধানতঃ প্রকৃতি ও জীবসমূহের মধ্যে একটি সমন্বয় রচনার উদ্দেশ্যে বেশীর ভাগ প্রচলিত ছিল। কালান্তরে মানুষের নিজ দেহের অভ্যন্তরীণ ক্রিয়া ও ভাবগুলোকেও সমন্বয়ের জন্য "যজ্ঞকর্ম" প্রচলিত হয়। এতে বাইরের জগত ও অন্তর্জগতের মধ্যে একটি আধ্যাত্মিক সমন্বয় ঘটতে। যজ্ঞকারী মানুষ তাদের বৈষয়িক কল্যাণে যেমন উপকৃত হতো, তেমনি স্বর্গের দেবতাদের অনুগ্রহেও অভিষিক্ত থাকতো।

সমস্ত জীবনটাই একটি যজ্ঞ। এ হলো শ্রীমদ্ভগবদগীতার পরম ঘোষণা। প্রাচীনকাল থেকেই এই যজ্ঞকে কর্ম বলা হয়। অর্থাৎ দেবতার উদ্দেশ্যে যা কিছু করা যায়, যার মূল ভাবটা হল ত্যাগ বা উৎসর্গ-বুদ্ধি, তা-ই যজ্ঞ এবং তা-ই যথার্থ কর্ম। যেখানে ত্যাগ নেই, মানুষের চেতনার উর্দ্ধগতি নেই, সে-কর্ম গীতার ভাষাতেই বি-কর্ম।

সূত্রাং 'যজ্ঞ' কথাটি স্রষ্টার সাথে মানুষের মধ্যে যে আপাতঃ দূরত্ব রয়েছে তাকে অপসারণ করে ভগবৎ সান্নিধ্য লাভের ক্রিয়ামূলক 'যজ্ঞ' ক্রিয়াকে বুঝাচ্ছে। বৈদিক ঋষিগণ স্বর্গের দেবতা, পৃথিবীর মহা পরাক্রমশালী প্রকৃতি আর মানুষের জীবন-জীবিকাকে যজ্ঞের মাধ্যমে (প্রেজুলিত ব্রহ্মাগ্নিতে আছতির মাধ্যমে) দেবোদ্দেশ্যে ন্যস্ত করার মানসেই পরিকল্পনা করছিলেন। দেবতার দানযজ্ঞ, প্রকৃতির বিচিত্র ও বিপুল শক্তিক্ষেপন যজ্ঞ আর মানুষের বিচিত্র চৈতন্য চালিত কর্মযজ্ঞকে একত্র বৈদিক 'যজ্ঞ'-র মোহনায় মিলিয়ে বিশ্বনিচয়ের পরম কল্যাণ সাধন ছিল এ যজ্ঞের মহান সংকল্প।

### ২। বর্তমান "গীতা যজ্ঞ" প্রসঙ্গে

ভগবান শ্রীকৃষ্ণ বেদের সনাতনী বৈষয়িক কল্যাণকারী যজ্ঞকে শ্রীমদ্ভগবদগীতায় কটাক্ষ করলেন এই বলে, "হে অর্জুন! অল্পবুদ্ধি ব্যক্তির বেদের কর্মকাণ্ডের স্বর্গফল ইত্যাদি প্রকাশক মধুর বাক্যে সন্তুষ্ট হয় ; তারা ভোগ ও ঐশ্বর্যলাভের উপায় হিসেবে যজ্ঞক্রিয়াদির প্রশংসা ও কামনার বশীভূত স্বর্গসুখলিপ্ত জন্মান্তর ও কর্মফলে অদৃষ্টবাদী হয়ে যজ্ঞক্রিয়ার আড়ম্বর নিয়ে মত্ত থাকে (গীতা ২/৪২, ৪৩)। এখানে শ্রীকৃষ্ণ বলেছেন যে, মহাযজ্ঞটি প্রবর্তন করা হয়েছিল প্রকৃতির সঙ্গে মানুষের মধ্যে একটি ভারসাম্য রক্ষার জন্য। বিভিন্ন দেবতাদের এই যজ্ঞের দ্বারা সন্তুষ্ট করে তাদেরই নিয়ন্ত্রণে প্রকৃতিতে বিদ্যমান পঞ্চভূত (জল, মাটি, বাতাস,

<sup>১</sup> ঋক বেদ: ১০.৭.৯০১ – ১৬; তৈত্তিরীয় আরণ্যক।

<sup>২</sup> পুরুষসূক্ত – ১০: তস্মাৎ যজ্ঞাৎ সর্বাছতাঃ ঋক-সামানি জিজিঞ্জারে।  
ছন্দগাংসি জিজিঞ্জারে তস্মাৎ যজুস্ তস্মাৎ অজায়ত ॥

আগুন বা তেজ, আর মহাশূন্য) ইত্যাদির ক্রিয়াকে 'সৃষ্টিচক্র' অনুযায়ী মানুষের কর্মকাণ্ডের সাথে সমীকরণ। এতে ঐ প্রবর্তিত 'সৃষ্টিচক্র'-এর বিধান মতে "প্রাণী-অন্ন-বৃষ্টি-যজ্ঞ"ই এই অণুবর্তনে মানুষের কর্মে ব্রহ্মাই প্রতিষ্ঠিত থাকবেন (গীতাৱ ৩/১৪, ১৫)। আরও বললেন, এই প্রতিষ্ঠিত "সৃষ্টিচক্র" যে অনুসরণ না করে সে ব্যক্তি পাপজীবন যাপন করে (গীতাৱ ৩/১৬)। আর বিপরীতপক্ষে, ঐ 'সৃষ্টিচক্র'র শুভ অনুসরণ ও সম্পাদনে ব্যক্তির উর্ধ্ব সামষ্টিক বিশ্বজীবনে কল্যাণ নিয়ে আসে। সুতরাং গীতা বললেন, স্বার্থপরতা নয়, জনকের মত বিশ্বের কল্যাণের জন্য 'যজ্ঞ' করা। এ বাহ্যিক কল্যাণ যজ্ঞের একটি সীমিত উদ্দেশ্য মাত্র। তাই গীতা মানুষের অভ্যন্তরীণ সংযম সাধনকে বৃহত্তর 'যজ্ঞ' বলে অভিহিত করেছেন, যা যজ্ঞের সর্বাংশকেই (অর্পণ, ঘি, আগুন ও হোমকারী এবং অংশগ্রহণকারী/অর্পণকারী) ব্রহ্মেই পৌঁছে দিতে পারে (গীতাৱ ৪/২৪)। অর্থাৎ উক্ত সব কিছুই ব্রহ্ম হয়ে উঠেন। অন্তর্ভুক্তিতে দিব্যভাব সমাবেশ করে প্রাণকে অপানে ও অপানকে প্রাণে আলতি দিয়ে জীবন-রূপী সমাধি তথা সমাজ-রূপী যজ্ঞে হোম করতে পারলে বাস্তবিক হোমযজ্ঞ হয়। গীতায় বিশেষ করে বারটি যজ্ঞের উল্লেখ রয়েছে (গীতাৱ ৪/২৫-৩০) ; দেবযজ্ঞ, ব্রহ্মযজ্ঞ, ইন্দ্রিয় যজ্ঞ, মনোযজ্ঞ, আত্মসংযম যজ্ঞ, দ্রব্য যজ্ঞ, তপঃ যজ্ঞ, যোগ যজ্ঞ, স্বাধ্যায় যজ্ঞ, জ্ঞান যজ্ঞ, প্রাণ যজ্ঞ ও দেহ যজ্ঞ।<sup>৫</sup> এরপরও ভগবান গীতায় বললেন, একরূপ বহুবিধ যজ্ঞের কথা ব্রহ্মমুখে বর্ণনা করা হয়েছে (গীতাৱ ৪/৩২)। আবার "জপ যজ্ঞ" কে তাঁর বিভূতি যজ্ঞ হিসেবেও চিহ্নিত করেছেন (গীতাৱ ১০/২৫)।

সব মিলিয়ে গীতায় যজ্ঞের বাহ্যক্রিয়ার চেয়ে অভ্যন্তরীণ সমর্পণ ও ভগবৎপ্রীতিকে প্রাধান্য দেওয়া হয়েছে। যজ্ঞের মন্ত্র উচ্চারণে যে শব্দব্রহ্ম সৃষ্টি হয় তা-ই হব্যবাহ অগ্নি হোমকারীর সংকল্পসহ ব্রহ্মপদে বহন করে নিয়ে যান। আর এই যজ্ঞ থেকে উৎপন্ন ত্যাগের ভাব হোমকারীকে স্থূল শরীর থেকে মনে, মন থেকে প্রাণে, প্রাণ থেকে জ্ঞানে, জ্ঞান থেকে ব্রহ্মানন্দের শিখরে উন্নীত করে। গীতায় ভগবানের এমনই ইচ্ছা প্রকাশিত। এই মহাযজ্ঞে হোমকারীর ব্যাষ্টিক কল্যাণ থেকেও মহত্তর সামষ্টিক কল্যাণই মুখ্য। লোকসংগ্রহের মহান উদ্দেশ্যও এ যজ্ঞে সাধিত।

বেদ থেকে উপনিষদ, গীতা, পুরাণাদি একাদিক্রমে আজ পর্যন্ত আমাদেরকে ধীরে ধীরে যজ্ঞ সম্পর্কে ক্রমোন্নত ধারণার অবতারণা করেছে। জীবনের সব কাজই আজ যজ্ঞ হয়ে উঠেছে গীতার অনুশাসনে। তা থেকে আমাদের উৎস কোথায় তা-ও এই যজ্ঞের মাধ্যমেই জানা যাবে। তারও পরে, ঈশ্বরের সাথে আমাদের সম্পর্ক বুঝে নেবার জন্য এ যজ্ঞকে গীতায় রূপ দেওয়া হয়েছে 'যোগধর্ম' প্রবর্তনের মাধ্যমে।

গীতায় তাই শ্রীমদ্ভগবদগীতার সাত শত শ্লোকই আলতি-মন্ত্র হিসেবে উচ্চারণ করা হয়। এ মন্ত্র উচ্চারণে উদ্ভূত শব্দব্রহ্ম স্থূলিতে প্রজ্জ্বলমান ব্রহ্মাণিতে ঘি এবং সমিধকাষ্ঠ সহযোগে হোতাগণ অর্পণ করেন উপস্থিত বা অনুপস্থিত সংকল্পিত সব মানুষ প্রাণী তথা প্রকৃতির সকল উপাদানের ইহলৌকিক ও পারলৌকিক মঙ্গল, শান্তি ও শুভ সংস্থাপনের সংকল্পটি একযোগে পরব্রহ্মের শ্রীপাদপদ্মে পৌঁছে দিতে হব্যবাহ অগ্নির কাছে প্রার্থনা করা হয়।

### ৩। গীতায় যজ্ঞ থেকে বিজিআরএফ-এর প্রত্যাশা

বিজিআরএফ সনাতন হিন্দু ধর্মের স্মৃতি ও শ্রুতি এবং পরবর্তীকালে প্রণীত ধর্মশাস্ত্র থেকে এদের ভাগবতীয় ও দার্শনিক নির্ঘাস সকলের কাছে, বিশেষ করে বর্তমান প্রজন্মের কাছে পৌঁছে দেবার চেষ্টা করছে। হিন্দু ধর্মের অসাম্প্রদায়িক, সর্বজনীন ও যুক্তিগ্রাহ্য আচরণগুলোর মধ্যে যজ্ঞ যেমন প্রাচীনতম, এর দর্শন তেমনি আধুনিক বিশ্ববাসীর জন্যও কল্যাণকর। শ্রীমদ্ভগবদ গীতার শ্লোকগুলো এই কল্যাণকর ধারাকেই অব্যাহত রাখার শাস্ত্র। এর "যোগধর্ম" এই বিশ্বনিচয়ের মধ্যেই বাস করে বিশ্বাতীত পরব্রহ্মের সন্ধান দিয়েছে। যে সন্ধানের মূল্য "নিষ্কাম কর্ম", বা গীতার 'বুদ্ধিযোগ'।

তাই বিজিআরএফ এই গীতার শ্লোকগুলোকেই মন্ত্র হিসেবে স্থূলিতে আলতি দিয়ে বিশ্বের সকল প্রাণী ও বস্তুর কল্যাণ কামনা করছে। প্রত্যাশা, যজ্ঞকারী হোতা তথা উপস্থিত বা অনুপস্থিত এই যুক্তরাজ্য তথা বিশ্বের সকলের মধ্যে ঐ নিষ্কাম কর্মের প্রেরণা জেগে উঠুক। বর্তমান জনজীবন ও প্রকৃতি আসন্ন ধ্বংস থেকে পরিত্রাণ পাবে- এই প্রার্থনা।

<sup>৫</sup> এসব যজ্ঞের ব্যাখ্যা: নিত্যানন্দ চক্রবর্তী (২০১৯), গীতাপাঠ সহায়িকা, শ্রীশ্রীগীতা সংঘ বাংলাদেশ, ঢাকা।

# Bengali Youth Change-Maker Awards: Celebrating Talent, Spirit, and Leadership

## Purpose

The purpose of this recognition program is to honour and celebrate young individuals within the Bengali community in UK who demonstrate exceptional talent, spiritual engagement, and the ability to act as change-makers. These young people are making significant contributions to their community and society, embodying the values of leadership, compassion, and cultural pride. By recognising these individuals, we aim to inspire others within the community to engage in meaningful action and foster a sense of pride in their Bengali heritage.

## Criteria for Selection

### 1. Talent and Achievement

- **Description:** The individual should demonstrate significant talent in a particular field, such as academics, arts, sports, science, or any other area. This talent should be recognised through achievements, awards, or contributions that showcase their skills and dedication.
- **Purpose:** To highlight and reward young people who have excelled in their chosen fields and have brought pride to the Bengali community through their achievements.

### 2. Spiritual Engagement

- **Description:** The individual should actively engage in spiritual or religious practices, demonstrating a strong connection to their faith and cultural values. This could include participation in religious events, leading community prayers, or organising spiritual workshops.
- **Purpose:** To recognise individuals who embody the spiritual values of the Bengali community and contribute to maintaining and promoting these traditions among the youth.

### 3. Community Leadership

- **Description:** The individual should exhibit leadership qualities by taking on roles within the community that drive positive change. This could involve organising community events, leading social initiatives, or volunteering in community services that address local issues.
- **Purpose:** To identify and honour those who are not only leaders but also inspire others to take action and contribute to the betterment of their community.

### 4. Social Impact and Change-Making

- **Description:** The individual should be involved in activities that create a positive social impact, such as advocating for social justice, working on environmental causes, or supporting underprivileged groups. Their efforts should demonstrate a commitment to making a difference in their community or beyond.
- **Purpose:** To acknowledge those who actively work towards creating a better society and motivate others to join in their efforts.

### 5. Cultural Preservation and Promotion

- **Description:** The individual should contribute to the preservation and promotion of Bengali culture and heritage. This could involve participating in or organising cultural events, teaching Bengali language, or promoting traditional arts and crafts.



- **Purpose:** To ensure the continuity of Bengali culture in the diaspora and to celebrate those who work to keep the culture alive for future generations.
6. **Resilience and Overcoming Adversity**
- **Description:** The individual should have demonstrated resilience in the face of personal or communal challenges. This could include overcoming significant obstacles, such as health issues, family challenges, or societal barriers, while continuing to contribute positively to the community.
  - **Purpose:** To recognise and celebrate the strength and perseverance of young people who continue to make a difference despite facing hardships.

### Overall Considerations

- **Age Group:** Candidates must be between the ages of 12-25.
- **Bengali Community Connection:** Candidates must have a clear connection to the Bengali community in UK, either through heritage, cultural involvement, or family background.
- **Children of Trustees are excluded in the selection process:** The reason for excluding children of Trustees from the selection process for a youth community award is to maintain fairness, transparency, and impartiality. This policy helps to avoid any potential conflicts of interest or perceptions of favoritisms, ensuring that all candidates are evaluated solely on their merits and contributions to the community. By doing so, the integrity of the award is upheld, and the selection process remains equitable and credible for all participants.
- **Nomination Process:** Candidates can be nominated by community members, teachers, religious leaders, or through self-nomination, with supporting documentation or references to validate their contributions.

### Selection Process

- **Initial Screening:** A committee will review all nominations to ensure they meet the basic criteria.
- **Evaluation:** Each nominee will be evaluated based on the strength of their contributions in the areas of talent, spiritual engagement, leadership, social impact, cultural promotion, and resilience.
- **Final Selection:** The committee will select the top candidates who best embody the qualities of a young change-maker, with consideration for the diversity of talents and contributions across different fields.

This recognition program will not only celebrate the achievements of young Bengali individuals but also serve as an inspiration for the entire community, encouraging a new generation of leaders and change-makers.

### Categories of Awards

No	Categories	Description
1	Age	12-15, 16-19, 20-25
2	Educational achievement	GCSE and A level results, University
3	Community involvement	Level of active participation in community organisations, events, or initiatives
4	Entrepreneurial venture	Number and success of entrepreneurial ventures or startups initiated, including social enterprises
5	Cultural advocacy and preservation	Involvement in activities that promote and preserve Bengali culture, such as organizing cultural events, teaching Bengali language, or creating cultural content
6	Religious and spiritual leadership	Active participation in or leadership of religious or spiritual activities within the community, such as leading prayers, organizing religious education classes, or participating in interfaith dialogue.

## BEACON OF CHANGE AWARD FOR OUTSTANDING NATIONAL & COMMUNITY CONTRIBUTION

This year, the **Award of Honor for Outstanding Community Contribution** is being presented to the following recipients. Their outstanding dedication, commitment, and unwavering service to the community have not gone unnoticed. The remarkable impact of their contributions has made a significant difference, and we are profoundly grateful for their invaluable support and leadership. This award serves as a small token of our deep appreciation for their tireless efforts and the positive change they have fostered within the community. Their work stands as a beacon of inspiration, guiding others with the same spirit of altruism and excellence that they exemplify.



**Nityananda Chakravorty**  
President, Geeta Sangha Bangladesh  
Editor-in Chief, International Journal of Hinduism & Philosophy, UK

Mr. Chakravorty served as a lecturer in Economics in colleges between 1969 to 1976 during which Bangladesh became independent in 1971. He left his teaching profession and joined Bangladesh Water Development Board as an Economist, served the organization for 27 years in different positions and retired as the Joint Chief Planning of the organization in 2003. Since then, he has been serving as national consultant Economist till date for the World Bank, Asian Development Bank, the Government of Bangladesh and for many other international consulting houses. He has been elected as the President of Bangladesh Gita Sangha, a nationally registered organization, since 2010, dedicated for the preaching the teachings of Srimad Bhagabat Gita and practicing those through its more than 400 branches across the country and abroad. He published a largely appreciated edition of the Gita & teaches the Trainers of Gita Schools under the Hindu Welfare Trust of the Government regularly and Chairs many religious Workshops, Seminars and Discussions held at different places in Bangladesh, as requested.



**Himangshu Goswami**  
Singer and community leader

Himangshu Goswami, a household name in the global Bengali diaspora, has enchanted audiences with his golden mellifluous voice for over five decades. As a renowned folk, devotional and patriotic singer, Himangshu is instrumental in establishing Bengali music and culture to the UK and the west. He has composed over 300 songs including the famous folk song "Sadher Lau", and has worked with legends such as Pt Ravi Shankar and George Harrison. His kirtan and bhajans have amassed over 30 millions listeners from all over the globe. Himangshu Goswami established Noborag in London in 1985 with the aim of promoting high quality music from South Asia. Along with his song, Himanish who is a talented tabla player, he regularly organises top quality live musical concerts in the UK and Bangladesh.



**Gourapada Deb**  
Religious teacher and spiritual leader

His family name is Gourapada Deb, and the spiritual name given by Sree Gurudev is Bhagavad Kinkor Gourapada Das. Originally from Sylhet, Bangladesh, he has been residing in London since 1987. Since his arrival, he has been engaged in rendering spiritual services such as Padabali Kirton, reciting the Bhagavad Gita, and various other scriptures to serve the community, with a particular focus on the younger generation.

He also has a passion for acting in dramas and is a scriptwriter who composes songs, poems, and other religious texts. Reading and writing are his hobbies.

**Mrs. Shipra Roy**  
Singer, philanthropist, and women's advocate



**Mrs. Shipra Roy** is a dedicated Bengali homemaker who takes immense pride in her close-knit family, which includes her husband and three children. She has had the privilege of studying singing under several esteemed teachers, including the late Mrs. Pompa Dhar (Rabindra Sangeet) at Nupur School of Rabindra Sangeet in London, Mrs. Gauri Bhapat (Hindustani Vocal), and Mrs. Shyamali Basu (Rabindra Sangeet) at Bharatiya Vidya Bhavan, London. She and her husband regularly volunteer at a medical camp in Atla near Tarapith, West Bengal, organized by the charity HAVEN (Help A Village Emerge New). She generously donates and personally serves the expenses for "Bhandara," a special free meal for all attendees. In 2010, she and her family tragically lost their daughter, Ipshita, in a road incident. To honour her memory, they established the "Ipshita Memorial" charity, which raises thousands of pounds annually for various humanitarian causes, including The Trussell Trust, "The Ruth Strauss Foundation", "Normandy Memorial Trust", "Chartwell Cancer Trust", "MIND" & "Stroke UK. They donated a slit-lamp to establish a Blindness Prevention Clinic. They are also closely associated with Sabuj Sangha, a charity based in the Sundarbans, West Bengal, which is involved in building a rural hospital, a school, and an orphanage for vulnerable children. She is actively involved in the UK Hindu Cultural Centre as a founding member, organising major cultural and religious events. In recognition of her philanthropic efforts, she received an award from the NRI Welfare Society of India in 2017.

**Dr Don Kahawe**  
CEO/ Managing Director, Serendib Global Foods Ltd & Biskitos Ltd, UK



Dr. Kahawe is a Chartered Marketer and an Entrepreneur. His knowledge, experience, and network can assist global brands in establishing their products in the UK market. After completing the Executive Leadership Programme at Oxford's Said Business School, he is now leading his team as CEO to explore future trends while capitalising on current demands and market opportunities in Europe.

**Dr Rishiram Aryal**  
University Lecturer & Community Leader



Dr Rishiram Aryal is a distinguished figure within the Nepalese community in the UK, known for his unwavering dedication to promoting harmony, well-being, and spiritual enlightenment. Born into a traditional Hindu priest family, he has always prioritised the exploration of the purest forms of cultural and religious values, no matter where he resides. His life journey is deeply intertwined with the eternal wisdom of Hinduism, and he passionately seeks truth in the vast realms of spirituality. Throughout his life, Dr Aryal has made substantial contributions to empowering the younger generation, guiding them to enlightenment through the teachings of the Bhagavad Gita. He believes that it is crucial for future generations to be deeply rooted in the consciousness of dharma, karma, and moksha. His commitment to this mission has led him to actively coordinate and lead various religious programs and celebrations within the Nepalese community, fostering unity and spreading the values and meanings behind their rich cultural heritage. Despite excelling academically and obtaining the highest qualifications, including a Doctorate, Dr Aryal remains a lifelong seeker of spiritual knowledge. His journey, shaped by the sacred texts of the Vedas and Upanishads, is a testament to his dedication to the principles of dharma, karma, and moksha. Through yoga and meditation, he continues to align his body, mind, and soul, awakening the inner light that guides his path. From the temples of Varanasi to the serene banks of the Ganges, he draws strength from timeless traditions and rituals, connecting deeply to his roots and the divine presence within and around him.

## THE RECIPIENTS OF THE BENGALI YOUTH CHANGE-MAKER AWARDS



*Krishna Shil  
Father: Jahar Shil  
Mother: Mohamaya Seal*

*Krishna Shil, 16, learnt Indian classical singing by his mother. His interest in preaching Lord Krishna's names is exemplified through his kirtans and Bhagavatam discourses, influenced by his spiritual gurus - he is spiritually initiated in Gaudiya Mission. Also being a Voice Kids UK quarterfinalist, earning over 10 million views, he has performed across the UK and abroad, promoting Hindu culture and sanatana dharma.*



*Arpita Chowdhury  
Mother: Tripty Chowdhury  
Father: Rashendra Chowdhury*

*Arpita graduated in English at the University of Cambridge and will be completing Management Studies within the competitive Cambridge Judge Business School. She won the prestigious Catherine Yates Memorial Prize and achieved a Distinction in Hindustani Vocal (Grade 8). Arpita has held several leadership positions including the Women & Non-Binary Officer of Gonville & Caius College, Vice President of the Feminist & Gender Society, Vice President of BGLU, and Access Leader for increasing Cambridge's diversity.*



*Laura Saha  
Mother - Mrs Shebika Rani Saha  
Father - Mr Sajal Kumar Saha*

*Laura Saha, LLM, BA, views her childhood performances as Maa Durga, embodying strength, justice, and protection, as a parallel to her current role as a trainee solicitor. Just as Maa Durga combats evil to restore cosmic balance, Laura sees her legal practice as a fight against injustice, upholding fairness, integrity, and the rule of law. She attributes this alignment of values to the teachings of Hinduism, cultural traditions, and the deep-rooted wisdom passed on by her parents, shaping her persona.*



*Shuvangi Dam  
Father: Subhra Dam  
Mother: Bijoya Dam*

*Shuvangi Dam, a 15-year-old student in Year 11, is preparing to take her GCSEs this year. One of Shuvangi's greatest passions is singing. While she enjoys singing a wide variety of songs, she has a particular love for Bhakti Geeti, including Podaboli Kirtans and Shyama Sangeets. Shuvangi actively participates in religious events like Kirtans and Pujas, where she not only attends but also contributes to the cultural programs through her singing. For Shuvangi, singing Bhakti Geeti is more than just a hobby; she sees it as a form of Puja, a way to express her devotion and connect with her spirituality.*



*Sudipta Das  
Father: Samir Das  
Mother: Shipra Das*

*Sudipta graduated from Barts and the London, School of Medicine and Dentistry in 2023. As a doctor working at Ipswich Hospital, she balances her professional life with her social life, continuing to be a keen and avid member of the Hindu Community. Since a young age, she has shown an interest in Hinduism, participating regularly in religious events either through singing or recitation. In more recent times, Sudipta is an outspoken individual and uses her platforms to support the minorities in Bangladesh*



*Aditi Sikder  
Father: Amitab Sikder  
Mother: Nupur Roy Sikder*

*Aditi Sikder is a Year 8 student at Chelmsford County High School for Girls. She represents her class as the Student Voice of the Year and was recognized with the "Academic Achievement" award at the end of Year 7. Aditi's writing has been featured multiple times in the YoungWriters annual showcase. She has a passion for painting and reading, and she is also deeply involved in music, composing songs on the piano and singing Bengali devotional songs*



*Neelavra Sarker  
Father: Arnab Sarker Apu  
Mother: Swapna Biswas*

*Neelavra Sarker is set to begin Year 10 at Sir Joseph Williamson's Mathematical School this September. His favorite subjects include Mathematics, Geography, and Computing. Over the past three years, Neelavra has consistently excelled in the UKMT Maths Challenge, earning Gold and Silver certificates three times in a row. He is also an avid sports enthusiast, enjoying cricket, table tennis, and football, and recently secured the runner-up position in his school's chess competition. In addition to his academic and athletic interests, Neelavra occasionally plays the piano and actively participates in various religious events through singing and role-playing. He has a deep love for reading, particularly the Ramayana, Mahabharata, and Bhagavad Gita.*



*Prottyosh Chanda  
Father: Moley Kumer Chanda  
Mother: Panna Chanda*

*Prottyosh Chanda is set to begin his studies in Economics at UCL this September. His A-level success is a testament to his dedication and hard work, as well as the blessings of Lord Krishna. Prottyosh's passion for economics has been further nurtured through his participation in the British Economics Olympiad. Looking ahead, he aspires to follow in his grandfather's footsteps and pursue a career in academia.*



*Ambika Chakraborty  
Father: Biswajit Chakraborty  
Mother: Susmita Kar*

*Ambika Chakraborty is a dynamic and ambitious 15-year-old student in Year 11 at The Forest Academy. With a passion for both the arts and sciences, she aspires to become a cardiac surgeon and consultant in the future. From a young age, Ambika has cultivated a love for singing, music composition, and theatre, which she balances with her academic pursuits. She has been singing since the age of four, plays the piano, and is a member of the Redbridge Youth Choir. Her extracurricular interests also include badminton and karate, where she demonstrates both physical and mental discipline. Ambika's leadership skills shine through her role as a Prefect in the Arts Council and as an active member of the Redbridge Youth Democratic Project Group. Her dedication has earned her several accolades, including the Jack Petchey Award, Kudos Award for Reading Plus, Principal's Award, and the Bronze Award in the Duke of Edinburgh program. She also showcased her public speaking talent as a finalist in Jack Petchey's Speak Out Challenge and earned a Bronze II Award in the BPho Intermediate Physics Challenge. Ambika's drive, talent, and determination make her a remarkable individual with a bright future ahead.*

## BGRF Membership & Benefits

*Bhagavad Gita Research Foundation (BGRF) seeks to promote research and scholarship. It seeks to ensure a wider understanding of one of the most influential texts in Eastern Philosophy, as well as bringing people together who have a wish to appreciate life's spiritual essence. BGRF works not only to propagate this work but to ensure greater tolerance and openness of mind. The Bhagavad Gita offers a route to enlightenment that is open to all, for many of its devotees it is a means of finding the eternal way of ultimate liberation, knowledge, and bliss. BGRF offers a range of membership levels and services that is intended to cater for the needs of individuals and institutions. Membership levels are divided into 4 categories. This is intended to accommodate the needs of individuals and institutions from different backgrounds.*

Membership Categories are:

1. Individual Membership
2. Fellow Membership

### **Benefits of Individual Membership:**

- The principal benefit amongst all categories is the opportunity to meet and interact with successful and experienced professionals, thus creating the potential for personal improvement and potential contacts.
- All members will be constantly updated through the BGRF's regular newsletter and website bulletins regarding meetings and special events, and actively encouraged to participate (at discounted rates if a fee is charged).
- All Individual members receive an official Certificate of Membership.
- All individual Members will be entitled to a 20% reduction on the registration fee for the conferences organised by Bhagavad Gita Research Foundation and from Journal Publication Fee.
- You will get a free on-line copy of the International Journal of Hinduism & Philosophy (IJHP) and all conference proceedings.

### **Benefits of Fellow Membership**

- Be issued with a `Certificate of Fellowship` to demonstrate your status
- The principal benefit amongst all categories is the opportunity to meet and interact with successful and experienced professionals, thus creating the potential for personal improvement and potential contacts.
- All members will be constantly updated through the BGRF's regular newsletter and website bulletins regarding meetings and special events, and actively encouraged to participate (at discounted rates if a fee is charged).
- All individual Members will be entitled to a 20% reduction on the registration fee for the conferences organised by Bhagavad Gita Research Foundation and from Journal Publication Fee.
- You will get a free on-line copy of the International Journal of Hinduism & Philosophy (IJHP) and all conference proceedings.
- Fellow members will have the opportunity to attend our conferences as keynote speakers.

### **Membership fees**

- £150 for Full membership for international member or £5 per month for Local members in the UK
- £501 for Fellow membership

SOME IMAGES FROM THE PREVIOUS EVENTS









## Call for Papers

### International Journal of Hinduism & Philosophy (IJHP)

IJHP is a peer reviewed journal and is a research platform for international scholars and those interested in Hinduism and Philosophy. The journal addresses the need for critical discussion on issues appertaining to the Hindu faith, its development, core tenets and teachings, and various developments and manifestations down the ages. Equally, the journal is a scholarly platform for those seeking to offer fresh analysis and discussion that advances the appreciation and understanding of various schools of philosophical thought. IJHP serves as key research and learning platform of Bhagavad Gita Research Foundation (BGRF). The journal aims to target a worldwide readership through electronic format.

Although the primary focus of the journal is concerned with Hinduism and Philosophy, it also interested in aspects that relate Hinduism and Philosophy to Business, Management and Economics.

#### **IJHP - Subject Coverage**

##### **Hinduism**

- History of Hinduism; Ancient India
- The Concept of Dharma, Karma, Samsara, Moksha, astika and nastika
- Yoga: Paths to Moksha; Hindu Concepts of God
- Schools of Thought
- The idea of the guru in Hindu worship; Hindu domestic rituals
- Ashramas; Sacraments; Hindu lexicon & iconography
- Holy Days/Festivals; Time in Hinduism; Science in Hinduism
- Sacred Architecture and Arts; Women in Hinduism
- Caste; Hindutva; Hinduism and India; Hinduism outside India
- Hinduism and the Environment; Hindu philosophy

##### **Philosophy**

- Vedanta Philosophy; Philosophy of Hinduism; Epistemology; Meta-philosophy.
- Metaphysics
- Philosophy of Action; Philosophy of Language
- Philosophy of Mind; Philosophy of Religion
- Indian Philosophy; Environmental Philosophy
- Teaching Philosophy

Preference will be given to papers which are conceptually and analytically strong and have empirical & theoretical relevance. All papers will be reviewed according to the Journal's criterion. The Journal's website is [www.bgrfuk.org/ijhp](http://www.bgrfuk.org/ijhp)

For further information, please write to Managing Editor via [datta@bgrfuk.org](mailto:datta@bgrfuk.org)

## MISSION

CBER strives to be an important knowledge conduit via its academic journals, international conferences and bespoke consultancy and training services



## ACADEMIC CONFERENCES IN LONDON, NEW YORK, OXFORD, PARIS & ROME

- Academic Journal publishing experience since 2006
- A POWERFUL TRINITY: Academic Conferences, Academic Journals and High Impact Training & Consulting.
- Submitted Journal Manuscripts are double-blind peer reviewed
- Strong Editorial Board with over 60 members
- Over 250 distinguished Professors as International reviewers board
- Over 10 strong Review Editors
- Journals & Conference proceedings are indexed in major International Databases
- Geographical reach over 75 countries
- Long term collaborative partners with top International Universities
- Specialist centre of excellence to provide training to legislators and Institutional leaders.



**Centre for Business & Economic Research (CBER)**  
Web: [www.cberuk.com](http://www.cberuk.com) ; Email: [info@cberuk.com](mailto:info@cberuk.com)  
Company is registered in England & Wales (Registration No:  
05995280



## Do you or your loved one require support at home?

### We Provide:

Personal Care, End of Life Support, Night Support

24 Hour Living In Support, Social Support, Shopping and Domestic Support.

Why would you still consider sending your loved one to an expensive Care Home?

Call us on  
**02085905416**

 **spire** | Home Care & Training Ltd. [www.spire-homecare.co.uk](http://www.spire-homecare.co.uk)



## CRYSTAL UTILITIES LTD



Crystal Utilities is an energy consultant in the market and has reputation for creating managed, end-to-end utility solutions for businesses of all sizes.

Our aim is to help obtaining to the point energy solution minimising waste while making them extremely cost effective. We have direct partnerships with almost all the energy suppliers in the UK and have in-house consultants who have years of experience in this area that enables negotiating suppliers and obtaining the very best bespoke deals for our clients.

Crystal Utilities Limited: Your Trusted Energy Advisor In a world where energy consumption is both a necessity and a challenge, Crystal Utilities

emerges as the beacon of expertise and reliability. With a sterling reputation for crafting end-to-end utility solutions, Crystal Utilities is the go-to energy consultant for businesses of all sizes.

What sets Crystal Utilities apart is our unwavering commitment to our clients. With direct partnerships established with most energy suppliers in the UK and backed by a team of in-house consultants boasting 12 years of experience, we excel in negotiating bespoke deals that align perfectly with our clients' needs.

At Crystal Utilities, we're dedicated to delivering top-notch, personalized energy solutions that drive efficiency and savings for your business. At Crystal Utilities, we understand that every business is unique, and so are its energy requirements.

That's why we take a personalized approach, ensuring that each solution is meticulously crafted to meet your objectives while optimizing efficiency and driving savings.

In a landscape where energy costs can significantly impact your bottom line, Crystal Utilities stands as your trusted advisor, guiding you towards a brighter, more sustainable future.

Choose Crystal Utilities for unparalleled expertise, reliability, and results in the complex world of energy management.

Website: [www.crystalutilities.co.uk](http://www.crystalutilities.co.uk)

*For any questions or just want to chat with us regarding your utility bills @*

Phone: 0208 5526 736

Mobile: 07769 345 311

Email: [support@crystalutilities.co.uk](mailto:support@crystalutilities.co.uk)

# ACCOUNTING SERVICE

*We are Henderson Royce Accountants Ltd, a reputable and committed accounting firm that offers both corporations and individuals top-notch financial services.*

## Our Service:

- ✔ Consultancy
- ✔ Payroll Services
- ✔ Self Assessment
- ✔ Tax Plannig

- ✔ Vat Return
- ✔ CIS Return
- ✔ Company Formation
- ✔ Accounts
- ✔ Bookkeeping

## Why Choose Us:

- ✔ Expertise and Knowledge
- ✔ Affordable Fee
- ✔ Confidentiality
- ✔ Peace of Mind

## Contact Us:

- ☎ 07960 098198
- 🌐 [www.hraccountants.tax](http://www.hraccountants.tax)
- 📍 Suite -102 Ground Floor, Oceanair House, 750-760 High Rd, Bushwood, London E11 3AW





### *Our Mission*

*To work to help others appreciate the special place that the Bhagavad Gita has in Hinduism, and the lessons that it has for the wider world.*



*BGRF has been established with the express purpose of ensuring a wider understanding of a supremely holy text of Hinduism. It seeks to ensure a wider understanding of one of the most influential texts in Eastern Philosophy, as well as bringing people together who have a wish to appreciate life's spiritual essence. We all need to seek and be prepared to question and learn in a spirit of mutual respect, tolerance, and humility.*

**BGRF is a spiritual platform of human excellence, love, unity & universal Tolerance**

- Bhagavad Gita for Nuance Reading
- Bhagavad Gita Provides Guidelines for leading a balanced life
- Bhagavad Gita Demonstrates the Righteousness of Nature
- Bhagavad Gita has the relevance of well-being for the family, society & for the contemporary world at large

[www.bgrfuk.org](http://www.bgrfuk.org)

[info@bgrfuk.org](mailto:info@bgrfuk.org)



Serendib Global Foods Ltd is embarking on a mission to discover international brands and cultivate demand within the UK market.

☎ 077 4947 3939 / 07735690536

✉ sales@serendibfoods.co.uk

🌐 www.globalsnacks.co.uk

www.serendibglobalfoods.com



WHATS NEW  
IN 2024?



INTRODUCING AMBIENT  
BUBBLE TEA!



Y-go Y-go



Hotatoes





WWW.BGRFUK.ORG  
info@bgrfuk.org



BGRF Website