



ANNUAL GITA YAJNA FOR THE WORLD PEACE & HARMONY

13th September 2026

Time: 9.00 AM - 4.00 PM

The Hindu Centre (Radhakrishna Temple)

Cedars Rd, London E15 4NE

Co-hosted by

Bhagavad Gita Research Foundation (BGRF), UK

Sri Sri Bangladesh Gita Sangha, Bangladesh





**NASHRAH
PROPERTY LTD**

**NASHRAH PROPERTY
LTD**

**Find Your
Dream House
Right Now**

Contact Us

+44 7562 013250

nashrahproperty@gmail.com

Office Location

8 Kilworth Avenue, Southend-
On-Sea, England, SS1 2DT



NASHRAH PROPERTY LTD is a real estate or property management company, we offer a range of services typically associated with the property industry.



Our Services

- **RENT
PROPERTY**
- **SELL PROPERTY**
- **GUARANTEED
RENT**
- **0%
COMMISSION**
- **EPC**
- **GAS
CERTIFICATE**
- **ELECTRICITY
CERTIFICATE**



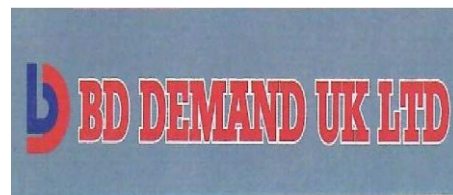
SPONSORS



SD SOLICITORS

249-251 MILE END ROAD
LONDON E1 4BJ

TELEPHONE: 0207 790 1653
MOB: 07908075213
WWW.SDSOLICITORSUK.COM
INFO@SDSOLICITORSUK.COM



GITA YAJNA

Welcome to the Annual Gita Yajna for the World Peace & Harmony

13th September 2026

Time: 9.00 AM -4.00 PM

The Hindu Centre (Radhakrishna Temple)

Cedars Rd, London E15 4NE

The Bhagavad Gita Research Foundation (BGRF), UK welcome all Krishna Devotees to the Annual Gita Yajna for the World Peace & Harmony organised by Bhagavad Gita Research Foundation jointly in association with Sri Sri Gitasangha Bangladesh on the 13th September 2026 at the above address.

PLEASE DONATE

Bhagavad Gita Research Foundation

Lloyds Bank

Account no: 79030668

Sort Code: 309950

For further details about BGRF please contact:

www.bgrfuk.org

info@bgrfuk.org

Santosh Sarker: 07875178990

Dr P. R Datta: 07916326886

Pradip Das: 07852197821

TABLE OF CONTENTS

Messages	6
Annual Gita yajna 2026-committee members	8
Bhagavad Gita Chants-members	10
The programme	11
Gita Yajna Co-sponsors	12
Gita Yajna for World Peace & harmony-rationale, Objectives & Synopsis	14
About Gita Yajna-English version	18
About Gita Yajna -Bengali version	22
Award of Honour	26
BGRF Membership & Benefits	37





*Message from
President
Sri Sri Gitasangha Bangladesh*

Working with BGRF, Sri Sri Gitasangha Bangladesh finds itself in an international forum of open-minded scholars of theistic philosophy and institutions where a host of multicultural and community thinkers have met in an estuary of oneness of humanity in the world today. Wars, natural and man-made degradation of the Nature, excessive consumerism and communal divisions among the people have surpassed the limits of earthly tolerance. While the world is just waiting for a “Burn” or “Submergence”, BGRF and Sri Sri Gitasangha Bangladesh have ventured to call the humanity to get together to pray for a shelter under the peaceful abode of the Creator. This is reminiscent of the Puranic event in the primordial era when this earth, in the guise of a “Cow” went to Brahma to ask for relief from torture of the virulent demons. Gita Yajna is such an event today when the earth is no more proactive as before for over- exploitation of her valued chastity, some thoughtful and anxious people from all over the world have come forward to London to offer their oblations in the fire of Brahman with a view to get rid of the ongoing disasters, wars, and crimes that no human endeavor can possibly overturn.

We look forward to a peaceful world ahead, one earth and one human entity without any communal divides. Let us work together, with total submission to The Brahman, to have the growth of God in mankind through desireless work and selfless sacrifice which Gita has taught us for surviving the destructions we are facing today.

This is obviously a global congregation of peaceful minds, a life-time event in London or, so to say, in the world over where, I believe, the Brahman is present in all the divine aspirants, in the purified butter, in the oblations and in the fire. We would expect this Yajna to be performed through the initiative everywhere where Hindus can revisit their lost home of divine blessings and divine strength.

We wish a very successful and effective Gita Yajna here in 2026 to build up a stronger brother and sisterhood amongst the people in the world, irrespective of caste, creed, religion, community, or whatever diversity we face.

Nityananda Chakravorty
President
Sri Sri Gitasangha Bangladesh

*Message from
President
Bhagavad Gita Research Foundation (BGRF), UK*



On behalf of Bhagavad Gita Research Foundation (BGRF), I welcome you all to the annual Yajna for World peace & Harmony. I am much honoured and thankful to a huge number Sri Krishna loving people who gathered here to offer their prayer and abandonment of their all sins if any to the flame of Yajna and oblation of thy-self on this holy day.

As the world continues to grapple with the effects of an unprecedented pandemic, many are seeking solace in spirituality and meditation. In these trying times, one spiritual practice has been gaining increased attention: Gita Yajna. Bhagavad Gita Research Foundation in association with Sri Sri Gitasangha Bangladesh is jointly hosting this Gita Yajna -a ritual performed to promote peace and harmony in the world and create an atmosphere of positivity. This ancient practice has been adopted by people across the globe as more seek comfort in its teachings. At its core, Gita Yajna is a call for global unity – it seeks to bring together individuals regardless of their religious beliefs or backgrounds through shared energy and understanding. For those who participate in this yajna, it serves as an opportunity to reflect on their actions and intentions while deepening their connection with nature's divine power. It can also be used to strengthen relationships between communities by fostering mutual respect for each other's beliefs while promoting peace throughout the planet.

Bhagavad Gita Research Foundation (BGRF) is an academic and spirituality research platform established with the intension of creating knowledge bank/hub of the renowned academia, scholars, and philosophers from around the globe who does have a wealth of experiences on research and spiritualism on Vedanta Philosophy. It is a non-profit making independent and non-political organization. This platform envisages hearing and documenting the tenets and teachings of Veda, Bhagavad Gita, and other allied Hindu religious scriptures applicable to this contemporary world at large. It works not only to propagate the endeavour but to ensure greater tolerance and openness of mind. BGRF seeks to ensure a wider understanding of one of the most influential texts in Eastern Philosophy, as well as bringing people together who have a wish to appreciate life's spiritual essence.

BGRF is much privileged and thankful to the Chief Priest Mr Nityananda Chakraborty who will conduct the Yajna. I must offer our sincere thanks to our valued sponsors and Krishna Devotees for their association with this Yajna and who extended their great support.

My sincere thanks to who offer their devotion to make this Yajna a meaningful ritual.

Santosh Chandra Sarker

President

Bhagavad Gita Research Foundation (BGRF), UK

ANNUAL GITA YAJNA-2026 COMMITTEE MEMBERS

Managing Editor

- **Dr P. R. Datta**, Trustee, Director of Research and International Affairs, Bhagavad Gita Research Foundation, UK, Managing Editor, International Journal of Hinduism & Philosophy

Executive Committee members

- **Santosh Chandra Sarker**, Trustee, President, Bhagavad Gita Research Foundation, UK
- **Pradip C Das**, Trustee, Director of Finance, Bhagavad Gita Research Foundation, UK
- **Anindya Das Gupta**, Trustee, Secretary, Bhagavad Gita Research Foundation, UK
- **Sojay Saha**, Trustee, Treasurer, Bhagavad Gita Research Foundation, UK
- **Ms Nilimadash Saha**, Trustee, Deputy Director, Research & Publication, BGRF, UK
- **Dr B. R. Chakraborty**, Founding Member, Vice-President, Bhagavad Gita Research Foundation, UK
- **Ms Sujata R Dey**, Founding member, Director, Membership and Subscription, BGRF, UK
- **Ms Shila Das**, Founding member, Event Director, BGRF, UK
- **Ms Mondira Saha**, Director Women Affairs, BGRF, UK
- **Ujjal Saha**, Director, Community Affairs, Media, and Digital Documentation, BGRF, UK
- **Bibrota Singha**, Trustee, Director of Fund Raising, BGRF, UK
- **Ashish Paul**, Joint Director of Fund Raising, BGRF, UK
- **Shipra Das**, Deputy Community Affairs, and digital media, BGRF, UK
- **Lipica Rani Das**, Deputy Event Director, BGRF, UK
- **Arnita Das**, Director of Childrens Affairs, BGRF, UK
- **Dr Sajal Kumar Palit**, Chapter President, BGRF, Australia
- **Samir Saha**, Chapter President, BGRF, Scotland, UK
- **Dipu Kumar**, Executive member, Event Management, BGRF, UK
- **Rita Dutta**, Executive member, Community Affairs, BGRF, UK

MAIN PRIEST FOR THE YAJNA-2026

- **Acharya Nityananda Chakravorty**, President, Sri Sri Gitasangha Bangladesh

ANNUAL GITA YAJNA- ADVISORY BOARD

- **Prof. B.C. Basak**-Ex-Chairman, Civil Engineering Department, Stamford University, Dhaka, Bangladesh
- **Subhra Saha**, President-BGRF, Toronto, Canada
- **Dr Arun Kumar Saha**: Former Senior Project Officer/Unit Head, Agriculture & Natural Resources, Bangladesh Resident Mission, Asian Development Bank (ADB), Bangladesh
- **Prof. (Dr)Padmakali Banerjee**, FRSA, Director General, KIIT, India; Former Vice Chancellor, IILM University Gurugram, India
- **Engr. Dipendra Narayan Singh**, Chapter President, BGRF, Kolkata, India
- **Prof. Gairik Das**, IISWBM, Kolkata, India
- **Prof. Atish Prasad Mondal**, St Xavier's College, Kolkata, India
- **Prof. Rupen C. Bhattacharjee**-Vice Chancellor, PDM University, New Delhi, India
- **Pawan Sethhi**, Bollywood Script Writer, Poet, international orator, India
- **Eng. Ranjit Roy**, President of the Srikrishna Bhakta Shangha USA
- **Stephen Silver**, Principal, School of Philosophy and Economic Science, UK
- **Dr BalMukund Bhala**, MBBS, DA, MD, Patron of Bhaktivedanta Manor in Watford, UK

- **Dr. Sunil C Dutta**, Ex-president, BGRF, Australia
- **N. Bardhan**, Secretary, Gitasangha Bangladesh
- **Amiya Mukherjee**, Secretary, Aurobindo Centre, Dhaka, Bangladesh
- **Sukumar Chakrabarty**, Ex-Banker and religious orator, Bangladesh
- **Nanda Gopal Chakraborty**, Fellow Chartered Accountant, Dhaka, Bangladesh
- **Mohini Mohan Chakrabarty**, Ex-Additional Secretary, Government of Bangladesh

BHAGAVAD GITA RESEARCH FOUNDATION -PATRONS

1. **Dr BalMukund Bhala**, MBBS, DA, MD, Patron of Bhaktivedanta Manor in Watford, UK
2. **Nityananda Chakravorty**, President, Sri Sri Geeta Sangha, Bangladesh
3. **Dr Sunil Kanti Roy**, Gastroenterologist & General Physician, London, UK
4. **Prof. Uday Sankar Chakraborty**, Trustee, Hindu Religious Welfare Trust and general Secretary, Sri Ramkrishna Ashmar, Kurigram, Bangladesh
5. **Hon. Dr Sockalingam Yogalingam**, Politician and Entrepreneur, London, UK

BGRF- LOCAL & INTERNATIONAL CHAPTERS

1. **Australia: Dr Sajal Kumar Palit**, President, BGRF, Australia
2. **Bangladesh-Prof. Dr Mayna Talukdar**, Chairman, Department of Sanskrit, University of Dhaka
3. **Canada-Shubhra Shah**, President, BGRF and Configuration Management Database Specialist for Stefanini Inc. assigned to Motorola Solutions, Toronto.
4. **India-Dipendra Narayan Singha**, President, BGRF, India, Former CEO, Shree Gouri Shankar Jute Mills, Kolkata
5. **New Zealand-Prof. Dr. Shymal Das**, Associated Dean, Faculty of Pharmacy, Otago University, New Zealand
6. **USA: Prof. Dr. Deepraj Mukherjee**, Kent State University
7. **South Africa- Dr. Lokesh Ramnath Maharajh**, University of KwaZulu Natal, South Africa
8. **Scotland-Samir Shaha**, President, BGRF Scotland Chapter, UK

A SPECIAL THANKS TO YOU ALL

Bhagavad Gita Research Foundation (BGRF), UK and Sri Sri Gitasangha Bangladesh would like to express their sincere gratitude to all Krishna Devotees, Huthis to support the Yajna, Priests, all the members of the Horinam Kirtan group, Sponsors, Donars, and others who have contributed to the Ahutis for their unwavering support in making this Yajna a success in promoting world peace and harmony. BGRF and Sri Sri Gita Sangha Bangladesh are extremely appreciative of your support and association.

BHAGAVAD GITA CHANTS-MEMBERS

Chapter (s)	Chapter Title	No of Verses	Name of the person
Chapter-1	Arjuna Vishada Yoga	47	Krishna Shil
Chapter-2	Sankhya Yoga	72	Krishna Shil
Chapter-3	Karma Yoga	43	Krishna Shil
Chapter-4	Gyana-Karma-Sanyasa Yoga	42	Krishna Shil
Chapter-5	Karma-Sanyasa Yoga	29	Krishna Shil
Chapter-6	Atma-Samyama Yoga	47	Krishna Shil
Chapter-7	Gyana-Vigyana Yoga	30	Krishna Shil
Chapter-8	Aksara Brahma Yoga	28	Krishna Shil
Chapter-9	Raja-Vidya-Raja-Guhya Yoga	34	Acharya Nityananda Chakravorty
Chapter-10	Vibhuti Yoga	42	Acharya Nityananda Chakravorty
Chapter-11	Vishwarupa-Darsana Yoga	55	Acharya Nityananda Chakravorty
Chapter-12	Bhakti Yoga	20	Acharya Nityananda Chakravorty
Chapter-13	Ksetra-Ksetrajna-Vibhaga Yoga	34	Acharya Nityananda Chakravorty
Chapter-14	Gunatraya-Vibhaga Yoga	27	Acharya Nityananda Chakravorty
Chapter-15	Purushottama Yoga	20	Acharya Nityananda Chakravorty
Chapter-16	Daivasura-Sampad-Vibhaga Yoga	24	Acharya Nityananda Chakravorty
Chapter-17	Shraddhatraya-Vibhaga Yoga	28	Acharya Nityananda Chakravorty
Chapter-18	Moksha-Sanyasa Yoga	78	Acharya Nityananda Chakravorty

BGRF GITA PUSHPO YAJNA 2026

The Programme

[All arrive at the venue before 9.00 AM]

9:00 AM Reception to the Invited Devotees and Guests
9:30 AM Chandi Path/Gita Pushpo Yajna

The global community is amid a crisis. People everywhere are reeling from the tragic effects of wars in the Ukraine and the Middle East, economic and political instability in many nations, and other global crises like climate change and recent devastating flooding in Nepal. People and communities across the world have been most adversely impacted by these occurrences, and many have been made to endure unimaginable hardship as a result.

The **Pushpo Yajna** is being performed as a solemn and heartfelt prayer to Brahman, the Supreme Reality, for the eternal peace of the souls of all those who have lost their lives through suffering and calamity, irrespective of race, faith, religion, nationality, or cultural background. Our prayers also embrace all those who have lost their lives in the many disasters and humanitarian crises that have followed in the post-COVID period. We especially remember the victims of the **recent devastating floods and landslides in Nepal**, and all those whose lives have been taken or profoundly affected by floods, earthquakes, wildfires, storms, extreme heat, and other natural and climate-related calamities across the world.

Through this sacred Yajna, we also pray for all those suffering because of war and conflict, displacement, poverty, hunger, economic hardship, social unrest, disease, environmental degradation, and the growing consequences of climate change.

Following our prayers for the departed, we shall offer a collective prayer for the peace, protection, health, dignity, and well-being of all humanity. At a time when our world continues to face profound environmental, economic, social, and humanitarian challenges, the Pushpo Yajna is intended to transcend all boundaries and differences and bring people together in a shared spirit of compassion, remembrance, and universal responsibility.

May those who have departed attain eternal peace. May those who grieve find strength and solace. May those who suffer receive protection and relief. And may **peace, compassion, harmony, and goodwill prevail among all peoples and throughout the world.**

10.00 AM **Gita Pushpo Yajna starts**

The **Gita Pushpo Yajna** will formally commence with traditional ritual invocations, followed by the solemn Sankalpa for World Peace, to be pronounced by the Principal Priest. Following the Sankalpa, the sacred recitation of the Srimad Bhagavad Gita will begin. With the chanting of the first Sloka, the Chief Priest, accompanied by the four designated Purohits, will make the first ceremonial offering of flowers (*Pushpo*) at the sacred altar.

Thereafter, the four designated Purohits will continue the recitation of the Holy Gita, with flowers being reverentially offered as the sacred verses are chanted. The Yajna will proceed in this devotional manner through the chapters and Slokas of the Srimad Bhagavad Gita, culminating in the recitation of its final Sloka and the

concluding floral offering. Unlike the traditional **Agni Yajna**, the **Gita Pushpo Yajna** does not involve the use of a sacred fire. Instead, flowers are offered as symbols of devotion, purity, peace, gratitude, and surrender to Brahman, the Supreme Reality. Each offering becomes an expression of prayer and reverence, accompanying the sacred wisdom of the Bhagavad Gita.

The Gita Pushpo Yajna is dedicated to world peace and universal well-being. Through this collective spiritual offering, we remember those who have departed, pray for those who continue to suffer, and seek peace, protection, harmony, and well-being for humanity and all living beings throughout the world.

(Special Note: On completion of each of the 18 chapters of Gita, interested devotees will participate with their devotional songs, short relevant speeches etc. (max. two minutes) as the devotees may like to perform till the beginning of the next Chapter. Interested devotees will be given opportunity for individual offerings too during Yajna into the holy fire with their respective cherished wishes (Sankalpa) by registering their names and Gotras with BGRF well before the Yajna starts).

14.00 PM-16.00 PM Pritibhoj (Distribution of Mahaprosad to all Devotees)

3.00 PM: **Award of Honors**

3.30. PM Closing of the Programme with Shanti Mantra



ANNUAL GITA YAJNA-CO- SPONSORS

Co-Sponsors



Bhagavad Gita Research Foundation (BGRF) has been established with the express purpose of ensuring a wider understanding of a supremely holy text of Hinduism. BGRF works not only to propagate this work but to ensure greater tolerance and openness of mind. The Bhagavad Gita offers a route to enlightenment that is open to all, for many of its devotees it is a means of finding the eternal way of ultimate liberation, knowledge, and bliss. Importantly, this philosophical treatise offers diverse paths (the spiritual, theological, intellectual, and scientific) that help provide greater meaning to life. Through the study and practice of the tenets and teachings of the sublime book, we are all afforded a means to be spiritually nourished and satisfied. The BGRF seeks to ensure a wider understanding of one of the most influential texts in Eastern Philosophy, as well as bringing people together who have a wish to appreciate life's spiritual essence. We all need to seek and be prepared to question and learn in a spirit of mutual respect, tolerance, and humility. Bhagavad Gita Research Foundation (BGRF) is a non-profit making organization that is registered in UK as a company limited by guarantee. It is an independent and non-political entity that does not accept donations from any person or organization seeking to use the BGRF as a vehicle to promote their own political agenda.



The International Journal of Hinduism & Philosophy (IJHP) seeks to take the reader on a journey of exploration, one that challenges, surprises, and provides meaningful insight. With an estimated 15% of the world's population being adherents to the Hindu faith there is all the more reason to examine this world religion from an academic perspective. Similarly, philosophy, the study of the fundamental nature of knowledge, reality and existence is a laudable pursuit. Hence, the International Journal of Hinduism & Philosophy (IJHP) aims to play a positive and purposeful role in fostering greater understanding and enlightenment. IJHP is a refereed journal that seeks to be a scholarly conduit by which academic papers concerning Hinduism and Philosophy are placed into the public domain. The journal seeks to provide an authoritative source of information for academicians, religious scholars, and practitioners, and those desirous to learn about Hindu theology and the way in which thinkers down the ages have wrestled with the fundamentals of human existence.



Started with the name and style of Sri Sri Gitasangha (Central) in the year 1990, registered under the Ministry of Social Welfare, Bangladesh, the organization has graduated from local to national status in 30 years of time (in 2022) under revised registration with the name of Sri Sri Gutasangha Bangladesh due to its ever-expanding demand from the Hindu community and its undaunted and successful march for disseminating the holy message of Lord Sri Krishna in Shrimad Bhagavat Gita. This nationwide organization has a wide scope

of work including mainly the teaching of the Gita verses to young and aged members of the community in more than 400 Gita schools, conveying its philosophical heights and practical implications and deeper meanings of each Sloka so that this oblivious generation can bring back its wisdom, Vedic, and Upanishadic universality of thoughts to get the strength for coming out of the confines of traditional and myopic religious rituals. Moreover, its devout general members numbering more than a million have locally organized branches to multiply the events of reciting and practicing Gita verses. Besides this, it organizes seminars, symposia and discussions inviting noted intellectuals and virtuous Sannyasins from organizations home and abroad.

As an organization it has its own edited version of the holy book Gita in large and small sizes, cheaper to access and easier to read for the large portion of Hindu community who have no scope to learn Sanskrit in this country. The Ministry of Religious Affairs of Bangladesh have gracefully printed the Gita if this organization in 30,000 copies and distributed those to the learners of Gita in all the temple-based public schools in all the 64 districts of the country. Besides this again, it has published easy version of Sri Sri Chandi and book like Helps to the Study of Gita etc. to open the avenues of wisdom among the new generation Hindus.

Sri Sri Gitasangha Bangladesh feels proud of having the illumining partnership with BGRF recently, which has helped the Sangha to broaden its nobler functions beyond Bangladesh. Working together, we hope to transcend the limits of communal divisions and reach an effective unity in diversities which has been the mainstay of Hindu religion over last thousands of years.

SD SOLICITORS
249-251 MILE END ROAD
LONDON E1 4BJ
TELEPHONE: 0207 790 1653
MOB: 07908075213
WWW.SDSOLICITORSUK.COM
INFO@SDSOLICITORSUK.COM



Samir Kumar Das
Director, Principal Solicitor & Commissioner for Oath



Best wishes for the Annual Gita Yajna for the world peace & harmony

Specialising in:
Litigation, Immigration, Family Law, Employment, EU applications and Asylum/Human Rights

SD Solicitors is the trading name of SD Solicitors Ltd registered in England under number 11338330. The registered Office is at 249-251 Mile End Road Stepney Green London E1 4BJ. The firm is authorised and regulated by the Solicitors Regulation Authority under firm SRA number 648787



Solicitors Regulation Authority



The Law Society

Purified butter is used for oblation into the fire of Brahman in our traditional Homa Yajna rituals. BGRF had been performing its annual Gita (Homa) Yajna so far traditionally. But restrictions have always been there in using fire for a long time in the temple, particularly in the cities. Restrictions as such as well as scarcity of suitable venue for performing such Homa Yajna being the hard reality, BGRF has best opted for Pushpa Yajna this year. But Is it worth a Yajna?

In the broader context of Hindu philosophy, a Yajna is not strictly confined in offering purified butter into the Divine Fire. Yajna rather broadly connotes any selfless sacrifice, worship or offering to the Divine. Chapter-4 of the Gita offers the broadest scope of Yajna or sacrifice: wealth, austerity, yoga, self-restraint, rigid vows, study of scriptures, knowledge, any selfless work, detachment from desires etc. Puspa or flower carries such Sankalpa of the offering person with love, surrender and devotion direct to the Divine. As a symbol of purity, flowers represent natural beauty, unstained by ego or malice. As an act of surrender, a flower mirrors giving up one's pride and desires to a higher power. As for creating a Divine environment, fresh blossoms and their sweet fragrances cleanse the mind, invite positive peaceful energy into the temple. The spiritual vibration of a conscious devotee with all his or her Sankalpa reaches the Divine effectively for His blessings to be endowed. Macro objectives of sacrifice can be like bringing peace and happiness in the global society at large, protection from disasters and calamities etc. The Scriptural Precedent of such a Yajna can be cited as *grand temple traditions, most famously Pushpa Yajna has been an annual major ritual at the Tirumala Venkateswara Temple in India. Other examples of Pushpa Yajna are abundant in other areas of India and Bangladesh.*

GITA PUSHPO YAJNA FOR THE WORLD PEACE AND HARMONY

Rationale

The global community is amid serious crises. Covid-19 pandemic casualties, conflicts in Ukraine and the Middle East, widespread economic and political unrest, and other global crises including climate change have all reached record highs in recent years. People and communities all across the world have been profoundly impacted by these occurrences, and many have been made to endure unimaginable hardship as a result. There has been a dramatic rise in the number of wars occurring in the world today. More than half a million people have lost their lives in Syria's civil conflict, and millions more have been forced to flee their homes. Conflicts between diverse external and domestic forces have exacerbated instability in many places of the world. There have been many casualties from these wars, and many of them will have the physical and psychological scars of their experiences for the rest of their lives. Struggles with the economy are a serious problem in many places of the world nowadays. Many people in developing countries live in abject poverty because of unequal access to necessities including food, water, education, and healthcare, contributing to a worldwide rise in income disparity. The failure of governments or international organisations like the United Nations (UN) to address this economic inequity can create social dissatisfaction, which can subsequently lead to violence.

When it comes to preserving Earth for future generations, environmental deterioration is a greater danger than war or conflict. Despite frequent warnings from scientific organisations concerning the possibly catastrophic repercussions of climate change if nothing is done about it, most governments still fail to take effective action against it. Deforestation and air pollution from factories continue to threaten biodiversity, and factories continue to pollute the air we breathe. With everything working against us, it will be tough for future generations of humans to not only survive but thrive.

While it is true that the world has been caught in a web of mega-scale natural and man-made calamities in recent years, a technical breakthrough is not currently anticipated. As many as 432 catastrophic disasters occurred in 2021 alone, claiming the lives of 101,1 million people and costing an estimated US\$252,1 billion owing to global warming around the planet. Wildfires have broken out all over the world in 2022, including Portugal, Argentina, France, Algeria, Spain, Italy, the United Kingdom, Brazil, Canada, and the United States. Human and animal life have been lost in greater numbers than ever before due to recent floods in Bangladesh and prolonged droughts, landslides, and floods across the Indian subcontinent. The NATURE has been disregarded by us and hence GOD according to Gita:

मयाध्यक्षेण प्रकृतिः सूयते सचराचरम् ।
हेतुनानेन कौन्तेय जगद्विपरिवर्तते ॥ ९-१०॥

Meaning: By reason of my proximity, Nature produces all these, the moving and unmoving, the world wheels round and round, because of this (Ch-9, Sloka-10)

With such bleak or no prospects of recovery from a situation "where we are moving to end up living as the planet burns" due largely to erratic global climate behaviour against some dangerous but unavoidable human interventions like power generation, manufacturing goods, and denudation of forest resources, Bhagavat Gita Research Foundation, UK and Sri Sri Gita Sangha, Bangladesh truly believe that it is our modest duty now to explore areas of tranquil dwelling under the holy shelter of God by performing "Gita Yajna," a symbolic offering of our wishes into the holy fire of Brahman.

It is proposed that this year's "Yajna" in UK will be dedicated to humanity as a whole, and in particular to those affected by the increasing number of natural disasters such as Cyclones, Ocean surges, Floods, Landslides, Wildfire/Bushfire, and other Climatic extremes affecting millions of people in many countries. We pray that the blazing fire of "Yajna" will reduce all such devastations, just as the Yajna Fire reduces wood to charcoal (Gita, Chapter 4, Sloka 37).

यथैधांसि समिद्धोऽग्निर्भस्मसात्कुरुतेऽर्जुन ।
ज्ञानाग्निः सर्वकर्माणि भस्मसात्कुरुते तथा ॥ ४-३७॥

Let's perform the offering together with you all to make the "Yajna" the harbinger of World Peace.

The Bhagavad Gita is an ancient Indian text that has provided guidance and wisdom for centuries. It is one of the most important philosophical texts in Hinduism, and its teachings have a wide range of contemporary applications. Gita yajna is an ancient practice involving the sacrifice of something of value to God or the divine as a sign of devotion. This can take many forms, from physical offerings like flowers or food to spiritual ones like prayer or meditation. It is believed that when these offerings are made with sincerity and devotion, they generate positive energy that radiates throughout the universe, bringing serenity and harmony wherever it travels.

Gita Yajna is the recitation and offering of all 700 verses of the Holy Book Srimad Bhagavat Gita into the Fire of Brahman (Sri Krishna) while reciting "OM Sri Krishna Paramatmane Swaha" each time. Each of these offerings will be an oblation (Samidh) along with clarified butter (Ghee) to the sacred Fire (Agni) to convey our prayers to

the holy feet of the Brahman, the "Yajneswara", the Absolute. The method is Brahman, the clarified butter is Brahman, and by observing Brahman in action, one is offered Brahman (Gita Chapter-4, Sloka-24):

ब्रह्मार्पणं ब्रह्म हविर्ब्रह्माग्नौ ब्रह्मणा हुतम् ।
ब्रह्मैव तेन गन्तव्यं ब्रह्मकर्मसमाधिना ॥ ४-२४॥

If such offerings into fire are not feasible due to various constraints, the Offering of Flowers (Puspa Yajna) is also performed, with 700 Slokas recited to the Brahman while chanting " OM Sri Krishna Paramatmana Namah."

The whole performance takes roughly five to six hours followed by chanting of "Nam Kirtan" and holy Prasad.

Objectives of the Gita Pushpo Yanja

1. To gather and share the experiences of all those involved in the process of bringing about world peace by personal and collective efforts such as executing established religious rites and sacrifices, particularly those based on the Sanatan qualities of offering oblations.
2. To foster synergies among various Sanatan organisations, individuals, and practices in order to create a unified meditative will-force to curve or turn the current antagonistic forces towards human welfare.
3. To offer oblations to Sri Krishna's holy feet with the goal (Sankalpa) of bringing down the Divine Bliss to brush off the evil forces of nature and human activities causing pandemics, climate change disasters, war, and so on.
4. Overall, to provide a tranquil and majestic platform for all devotees to retain their thoughts, hearts, and intellect in a heavenly abode of unmixed peace and happiness, at least throughout the Yajna rites and for some time thereafter, which is a rare wealth for humanity today.

Significance of Gita Pushpo Yajna

1. **Transcending Ego through Collective Devotion:** Human life is often influenced by individual desires, attachments, and the sense of ego. In the spiritual tradition of the Bhagavad Gita, we are reminded that there is a higher Divine Reality beyond our individual will and personal interests. The **Gita Pushpo Yajna** provides a sacred occasion for devotees to set aside, even temporarily, their individual concerns and come together in prayer, contemplation, and devotion.
2. **Flowers as Symbols of Devotion and Surrender:** In the Gita Pushpo Yajna, there is no sacred fire. Instead, **flowers (Pushpo)** are offered reverentially as the sacred verses of the *Srimad Bhagavad Gita* are recited. The flower represents purity, beauty, humility, love, and the offering of oneself to the Divine. Each floral offering therefore becomes a symbolic expression of the devotee's prayer, gratitude, devotion, and surrender to Brahman, the Supreme Reality.
3. **Prayer for the Individual and the World:** The floral offerings are accompanied by sacred intentions and collective prayers. While devotees may carry their own personal prayers in their hearts, the wider Sankalpa of the Gita Pushpo Yajna is for world peace and universal well-being.
4. **Yajna as Selfless Offering:** At the heart of Yajna lies the principle of selfless offering and sacrifice. What we offer is not merely a flower; symbolically, we offer our time, energy, ego, attachments, selfish desires, and individual interests at the feet of the Divine. In this sense, every flower becomes an outward expression of an inward offering.

5. **Remembering Those Who Have Departed:** The Gita Pushpo Yajna also provides a sacred opportunity to remember, with compassion and reverence, all those who have lost their lives through pandemics, natural disasters, wars, conflicts, poverty, displacement, and other human tragedies. Our prayers transcend distinctions of race, religion, faith, nationality, ethnicity, and culture. We pray that all departed souls may attain eternal peace and that their families and loved ones may find strength, comfort, and solace.
6. **A Prayer for Humanity and Our Planet:** In a world facing continuing challenges arising from **climate** change, natural disasters, economic and social crises, conflicts, disease, inequality, and human displacement, the message of collective responsibility has become increasingly important. Through the Gita Pushpo Yajna, we pray not only for humanity but also for the protection and well-being of all living beings and the natural world upon which life depends.

Ultimately, the *Gita Pushpo Yajna is both an act of devotion and a collective prayer for humanity*. Through the recitation of the timeless wisdom of the Bhagavad Gita and the offering of flowers with pure intention, we seek to cultivate peace within ourselves so that we may contribute to peace in our families, communities, nations, and the wider world.

May every flower offered become a prayer for peace;

may every Sloka recited awaken wisdom and compassion;

and may our collective prayers contribute to the welfare, harmony, and well-being of all.

About the Gita Yajna

I. Introduction: The Evolution and the Concept of Yajna

The Purusha Sukta of the Veda¹ in its Slokas states: The Cosmic Being or Absolute Purusha put Himself as the oblation to burn in the fires of Yajna while creating the Multiverse along with Vedas, all creatures, living or non-living. This is the evidence of the emergence of Yajna and that every being is the part and parcel of the Absolute. For example, the following is cited from the Purusha Sukta:

Text Ten
tasmad yajnat sarvahutaha
richassamani jijignire
chandhagamsi jijignire tasmad
yajus tasmad ajayata

From that yajna (or sacrifice) wherein the Cosmic Being was Himself the oblation, were born the riks (the mantras of the Rig-veda) and the samans (the mantras of the Sama-veda). From that (yajna) the metres (like Gayatri) were born. From that (yajna again) the yujas (the Yajur-veda) was born.

Gita also declares in Sloka-10 of Chapter-3:

“The Prajapati, having in the beginning created mankind together with Yajna, said, “By this shall ye multiply; this shall be the milch cow of your desires”

So, the body and life of humankind, when sacrificed as the oblation in the fire of Yajna activities of their daily life, can enjoy the best blessings of Brahman.

Since the very beginning of the Hindu religion, Yajna has thus been adopted as the primary most important sacrificial practice or Puja or the way of meditation, every age and everywhere by the Hindus. The prime objective of the Yajna was originally set during the Vedic era to ensure the human welfare at large by performing Yajna for the satisfaction of Gods like Indra, Baruna, Mitra etc. to whom the oblations were made. Even with the successive evolution of post-Vedic literature like Samhita, Brahman, Aranyak and Upanishads, the two main canons of the Veda: Karma and Jnan invariably retained the concept of Yajna as the central point. But the practical details of performing the Yajna have changed with the pass of time, keeping its philosophical significance unchanged.

Yajna is, therefore, a strong uniting force to relate human beings with the Brahman. By dint of this force, human beings acquire an opportunity to meet the Absolute transcendently, a Divine Touch, which is the prime objective of every life to achieve on this earth.

The secondary facet, but not of the least importance, of this Yajna was initially designed by the Vedic Rishis to coordinate between the Nature (the Cosmic power of the Brahman) and the Beings on this universe. With time, this Yajna was also practiced to coordinate the internal physical organs and senses of human beings, culminating into a greater and tripartite coordination among external world, internal human organs of the body and the transcendental entity. The Being who performed this Yajna could have succeeded in achieving material welfare on the one hand and Divine blessings on the other for enjoying a total human prosperity or accomplishment.

Yajna implies an all- pervasive meaning that the total life of a man or woman is a Yajna. The louder proclamation of Gita is: “Yajna” is synonymous with “Karma”. If a Karma is dedicated to the purpose of

¹ Rig Veda (10.7.90.1-16); Taittiriys Aranyak etc.

satisfying God, it takes the character of Sacrifice. This sacrificial work, ignoring the ego or self-aggrandizement, is the Yajna. The work or activity that entails no sacrifice, no sense of self-surrender or elevation of consciousness to a higher state is dubbed as Bi-Karma in Gita. Hence is the importance of transcendental knowledge in Yajna activities where the ego or personal aggrandizement or lust for material enjoyment must be altogether abandoned while Yajna Karma is performed. Karma and Jnana have to be an interlapping whole while performing the Yajna.

Yajna is, therefore, a worshipping process out of which a transcendental light is thrown upon the person performing it to unveil the apparently shading screen between him/her and the Absolute. Vedic Rishis had a gorgeous design to unite the will of the heavenly Gods, the invincible powerplay of the Nature in the universe and the universal life and livelihoods of the beings together through this Yajna. This Vedic Yajna was thus master planned to bring forth the gifts from Devas, Nature's free and unbounded bounties and boundless sacrificial works and efforts of mankind together into this great estuary of Oblations so that the highest good could be brought about in this Multiverse.

How wonderful the thoughts of ancient Rishis were there in the design and concept of Yajna!!!

II. About the "Gita-Yajna"

Thousands of years from now, the Vedic Yajna performed thus by the Rishis, Kshatriya Kings and the people of ascetic way had been bringing about greater welfare of the human society in ancient India. But with time the Vedic canon of "Karma," started losing proper back up of "Jnana" canon or knowledge part of Yajna and gave rise to various limitations of Yajna activity. Mundane and material desires or the "illusive haven" objective took the front seat for majority of ignorant people bereft of the basic spirit of Yajna. These erratic Yajnas rendered Yajna itself to be ineffective and used as a means to attain shallow material benefits for earthly and transitory happiness which was, by no means, the greater objective of Yajna.

Lord Sri Krishna in Dvapara Yuga, therefore, criticized the Yajna practices in vogue at that time that did not care for the Jnana, but, on the contrary, lurked stealthily to enjoy the illusive havens as the fruit of Yajna. He said, "But the fruit (accruing) to these people of little understanding is limited. The worshipers of the Devas go to the Devas; My devotees do come to me" (Gita-7/23). Those ignorant people praise a lot about such wishful Yajna as the means to attain such mundane results, turn into fatalists and believers of transmigration of life to avail the happiness of Swarga. Gita says, "O Partha, no set determination is formed in the minds of those that are deeply attached to pleasure and power, and whose discrimination is stolen away by the flowery words of the unwise, who are full of desires and look upon heaven as their highest goal and who, taking pleasure in the panegyric words of the Vedas, declare that there is nothing also. These flowery words are exuberant with various specific rites as the means to pleasure and power and are the causes of new births as the results of their desireful works" (Gita-2/42-44).

The world is now suffering an obstinate and morbid threat of natural and human-made calamities and disasters, which is the culmination of over-selfish and frivolous works or Karmas devoid of Jnana. Lord Krishna said (Gita-3/14), "From food come forth beings; from rain food is produced; from Yajna arises rain; and Yajna is born of Karma". This is called "the Wheel of Creation" Implication of this Wheel has been very deep: orchestration and synchronization of the five basic Cosmic entities (this earth/soil, water, air, fire/energy, and space) which are controlled by different demigods who would be satisfied by the Yajna activities and would maintain a unique balance between those entities. The basic reason lies in forgoing/sacrificing self-interest for the good of all so that the natural bounties can be shared by all and sundry, without grabbing the most for the self. If all human activities could follow these sacrificing principles and live a dedicated life of surrendering self for all, a real Yajna as per Veda could be performed. Sri Krishna also said, "Know Karma to have risen from the Veda, and the Veda from the Imperishable. Therefore, the all-pervading Veda is ever-centered in Yajna" (Gita-

3/15). Also added, “Those who here follows not the Wheel thus set revolving, living in sin, and satisfied in the senses, O son of Partha- they live in vain” (Gita-3/16).

Gita-Yajna is thus a sacrificial performance of everybody in Hindu religion. It is to make oblations of wishes into the fire of Yajna. These wishes are but the dedicated wishes devoid of plan and desire for results, further purified by the fire of knowledge (Gita-4/19). Those who perform this Yajna in the said spirit are the “Wise” according to Gita (ibid). Lord Krishna cited the example of the historical King Janaka who sacrificed all his activities in life for the good of his subjects. More practically, Gita wants oblations of every human activity (dedicated to the Divine) as a fuel to the flame of Cosmic Fire burning as the Divine Desire of the Absolute in this Universe. The Desire as such is to transform this world into a Divine Abode.

Gita Yajna is a performance to evoke this spirit among the broader human society in this planet, irrespective of religion, caste, creed, community, race, color, or any discrimination. Thus purified, the whole Karma of a person’s life becomes one act of Yajna, in which the process of oblation, the offering, the doer of the sacrifice, the work itself and the goal are all Brahman (Gita-4/24). Since the Karma produces no other result than the attainment of Brahman, his/her Karma is said to be melt away like the Ghee or butter.

Gita mentions twelve Yajnas in particular, but the Lord informed of many other Yajnas learnt from the Brahman (Gita-4/32). The Lord again mentioned “Yapa Yajna” as His Own Yajna (Gita-10/25), which means silent repetition of His name which does not, of course, exclude the self-purification activities in life externally.

Overall, Gita-Yajna attaches priority to internal surrender and love for the Brahman rather than its external formalities. The utterings of Gita Slokas by such devout devotees² together produce “Sound Brahma” which the Yajna Fire carries with the sacred desires of those who perform Yajna up to the feet of the Brahman. And the pure and serene feeling arising out of such surrender lifts the performer from his/her body to the mind, from mind to the soul, from soul to Jnana and from Jnana to the peak of the Ananda of Brahman. Lord Sri Krishna exposed this Yajna performance to all for this objective of freeing the performer from the confines of his/her limitations to a greater and collective good of the humanity at large and finally to emancipation through collective efforts of surrender.

III Expectation of BGRF from this Gita Yajna

BGRF has been engaged in upholding the essence of the Hindu religion, philosophy, and its practices in this millennium to demonstrate among the new generations today the golden outcomes of the primordial Vedic era through the Smritis and Shrutis. This English version is specially meant for those Bengali youngsters who cannot read or understand Bangla, due to their living current lifestyle abroad. Somewhere, therefore, this version is prepared more explanatory with citations from Sastras than in its original Bangla text.

Yajna has been one of the most powerful tools in Hindu religion for the devotees to have a vibrant growth of divine qualities inside and be directly communicated with the Brahman. The Holy Gita has unequivocally proclaimed that the growth of God in man is man’s proper business. In that context, Gita’s Slokas have turned out to be the most appropriate verses amenable to modern life application and most suitably be uttered collectively with oblations into the Fire of Brahman. We believe we are totally prepared for making the oblations and for bringing about a better world by sacrificing our heinous and selfish motives that have conspired to lead humans today to a peril of physical and spiritual destruction.

Gita Yajna-2023 is thus a landmark in the history of London to become a life-time event for the new generation who are expected to carry this forward for proper guidance of Hindu community of the world on to the right

² Gita-8/12-13): controlling all the senses, confining the mind in the heart, drawing the Prana into the head, occupied in the practice of concentration, uttering the one syllable “Om” – the Brahman, and meditating on Me.

path “Lokasangraha” (Gita-3/20) which means a congregation of a devout mass dedicated to the lessons of Bhagavad Gita for the material and spiritual peace and well-being of the humanity at large.

BGRF wishes a happy, prosperous, and peaceful life for all beings through this Gita Yajna.



Shuvo Kumar Das
Managing Director



The Dhaka Jewellers

📍 211, Dhaka New Market, Dhaka-1205.
☎ 01720-111455, 01912-083781 📞 02-58614245



✉️ shuvo2007@hotmail.com / 📘 The Dhaka Jewellers

গীতায়ত্ত প্রসঙ্গ শ্রী নিত্যানন্দ চক্রবর্তী

১। ভূমিকা

বেদের^৩ পুরুষসূক্তে বলা হয়েছে, প্রজাপতি ব্রহ্মা যজ্ঞের দ্বারা^৪ নিজের যজ্ঞের দ্বারা নিজেরই অঙ্গ-প্রত্যঙ্গ সমর্পণের মাধ্যমে বেদসহ গ্রহপূজা, প্রাণীকূল স্থাবর জঙ্গমাди তাঁরই অংশ হিসেবে সৃষ্টি করেছিলেন। যোগিরাজ শ্রীকৃষ্ণ নিজমুখে গীতায় বললেন, সহযজ্ঞ প্রজা সৃষ্টবা পুরোবাচ প্রজাপতিঃ।

অনেন প্রসবিস্যধ্বমেষ বোহস্তিস্তিকামধুক্ \ (৩/১০ গীতা)

প্রজাপতি ব্রহ্মা সৃষ্টির আদিতেই প্রজার সাথে যজ্ঞ সৃষ্টি করেছিলেন। বলেছিলেন, এই যজ্ঞ দ্বারা তোমরা বৃদ্ধিপ্রাপ্ত হও এবং এই যজ্ঞ তোমাদের ইচ্ছিত কামনা ফলবতী করুক।

হিন্দু ধর্মে ঊষালগ্ন থেকেই ‘যজ্ঞ’ এ ধর্মের একটি অতি গুরুত্বপূর্ণ অংগ। ‘যজ্’ ধাতু থেকে এর উৎপত্তি, যার অর্থ যজনা বা পূজা বা আরাধনা বলা যেতে পারে। বৈদিক যুগ অর্থাৎ আজ থেকে আনুমানিক পাঁচ হাজার বছর আগে থেকে এই ‘যজ্ঞ’ ক্রিয়াটি শুরু হয়েছিল। ইন্দ্র, বরুণ, মিত্র ইত্যাদি দেবতা, অমর, সুরগণের সন্তুষ্টি বিধান করে পৃথিবীর মানুষের কল্যাণ নিশ্চিত করাই প্রধানতঃ যজ্ঞের সাধারণ উদ্দেশ্য ছিল। সময়ের বিবর্তনের সাথে সাথে সংহিতা, ব্রাহ্মণ, আরণ্যক, উপনিষদের ক্রমানুবর্তীকালে বেদের কর্ম ও জ্ঞান কাণ্ডের যে দুই প্রধান ধারা প্রাচীন ভারতের ধর্মজগতে প্রচলিত ছিল তার সর্বত্রই ‘যজ্ঞ-র ধারণাটি ছিল মধ্যমণি। তবে এ যজ্ঞক্রিয়া সম্পাদনের আচারিক বা ব্যবহারিক প্রথা সময়ের সাথে পরিবর্তিত হয়েছে।

মানুষের সাথে সৃষ্টিকর্তার সম্পর্ক স্থাপনে যজ্ঞ এক বিশাল যোগসূত্র। এই যোগে স্রষ্টার সাথে মানুষ অলৌকিক সাক্ষাতের অধিকার পায়, যা তার জীবনের পরম সার্থকতা।

শুরুর দিকে যজ্ঞ প্রধানতঃ প্রকৃতি ও জীবসমূহের মধ্যে একটি সমন্বয় রচনার উদ্দেশ্যে বেশীর ভাগ প্রচলিত ছিল। কালান্তরে মানুষের নিজ দেহের অভ্যন্তরীণ ক্রিয়া ও ভাবগুলোকেও সমন্বয়ের জন্য “যজ্ঞকর্ম” প্রচলিত হয়। এতে বাইরের জগত ও অন্তর্জগতের মধ্যে একটি আধ্যাত্মিক সমন্বয় ঘটতো। যজ্ঞকারী মানুষ তাদের বৈষয়িক কল্যাণে যেমন উপকৃত হতো, তেমনি স্বর্গের দেবতাদের অনুগ্রহেও অভিষিক্ত থাকতো।

সমস্ত জীবনটাই একটি যজ্ঞ। এ হলো শ্রীমদ্ভগবদগীতার পরম ঘোষণা। প্রাচীনকাল থেকেই এই যজ্ঞকে কর্ম বলা হয়। অর্থাৎ দেবতার উদ্দেশ্যে যা কিছু করা যায়, যার মূল ভাবটা হল ত্যাগ বা উৎসর্গ-বুদ্ধি, তা-ই যজ্ঞ এবং তা-ই যথার্থ কর্ম। যেখানে ত্যাগ নেই, মানুষের চেতনার উর্দ্ধগতি নেই, সে-কর্ম গীতার ভাষাতেই বি-কর্ম।

সুতরাং ‘যজ্ঞ’ কথাটি স্রষ্টার সাথে মানুষের মধ্যে যে আপাতঃ দূরত্ব রয়েছে তাকে অপসারণ করে ভগবৎ সান্নিধ্য লাভের ক্রিয়ামূলক ‘যজ্ঞ’ ক্রিয়াকে বুঝাচ্ছে। বৈদিক ঋষিগণ স্বর্গের দেবতা, পৃথিবীর মহা পরাক্রমশালী প্রকৃতি আর মানুষের জীবন-জীবিকাকে যজ্ঞের মাধ্যমে (প্রজ্বলিত ব্রহ্মাগ্নিতে আহুতির মাধ্যমে) দেবোদ্দেশ্যে ন্যস্ত করার মানসেই পরিকল্পনা করছিলেন। দেবতার দানযজ্ঞ, প্রকৃতির বিচিত্র ও বিপুল শক্তিক্ষেপন যজ্ঞ আর মানুষের বিচিত্র চৈতন্য চালিত কর্মযজ্ঞকে একত্র বৈদিক ‘যজ্ঞ’র মোহনায় মিলিয়ে বিশ্বনিচয়ের পরম কল্যাণ সাধন ছিল এ যজ্ঞের মহান সংকল্প।

২। বর্তমান “গীতা যজ্ঞ” প্রসঙ্গে

ভগবান শ্রীকৃষ্ণ বেদের সনাতনী বৈষয়িক কল্যাণকারী যজ্ঞকে শ্রীমদ্ভগবদগীতায় কটাক্ষ করলেন এই বলে, “হে অর্জুন! অল্পবুদ্ধি ব্যক্তিরা বেদের কর্মকাণ্ডের স্বর্গফল ইত্যাদি প্রকাশক মধুর বাক্যে সন্তুষ্ট হয়; তারা ভোগ ও ঐশ্বর্যলাভের উপায় হিসেবে যজ্ঞক্রিয়াদির প্রশংসা ও কামনার বশীভূত স্বর্গসুখলিপ্ত জন্মান্তর ও কর্মফলে অদৃষ্টবাদী হয়ে যজ্ঞক্রিয়ার আড়ম্বর নিয়ে মত্ত থাকে (গীতা ২/৪২, ৪৩)। এখানে শ্রীকৃষ্ণ বলেছেন যে, মহাযজ্ঞটি প্রবর্তন করা হয়েছিল প্রকৃতির সঙ্গে মানুষের মধ্যে একটি ভারসাম্য রক্ষার জন্য। বিভিন্ন দেবতাদের এই যজ্ঞের দ্বারা সন্তুষ্ট করে তাদেরই নিয়ন্ত্রণে প্রকৃতিতে বিদ্যমান পঞ্চভূত (জল, মাটি, বাতাস, আগুন বা তেজ, আর মহাশূন্য) ইত্যাদির

^১ ঋক বেদ: ১০.৭.৯০১ – ১৬; তৈত্তিরীয় আরণ্যক।

^২ পুরুষসূক্ত – ১০: তন্মাৎ যজ্ঞাৎ সর্বহতাঃ ঋক-সামানি জিজিঞ্জারে।

হৃদগাংসি জিজিঞ্জারে তন্মাৎ যজুস্ তন্মাৎ অজায়ত ॥

ক্রিয়াকে ‘সৃষ্টিচক্র’ অনুযায়ী মানুষের কর্মকাণ্ডের সাথে সমীকরণ। এতে ঐ প্রবর্তিত ‘সৃষ্টিচক্র’-এর বিধান মতে “প্রাণী-অন্ন-বৃষ্টি-যজ্ঞ”^৫ এই অণুবর্তনে মানুষের কর্মে ব্রহ্মাই প্রতিষ্ঠিত থাকবেন (গীতা ৩/১৪, ১৫)। আরও বললেন, এই প্রতিষ্ঠিত “সৃষ্টিচক্র” যে অনুসরণ না করে সে ব্যক্তি পাপজীবন যাপন করে (গীতা ৩/১৬)। আর বিপরীতপক্ষে, ঐ ‘সৃষ্টিচক্র’র শুভ অনুসরণ ও সম্পাদনে ব্যক্তির উর্ধ্ব সামষ্টিক বিশ্বজীবনে কল্যাণ নিয়ে আসে। সুতরাং গীতা বললেন, স্বার্থপরতা নয়, জনকের মত বিশ্বের কল্যাণের জন্য ‘যজ্ঞ’ কর। এ বাহ্যিক কল্যাণ যজ্ঞের একটি সীমিত উদ্দেশ্য মাত্র। তাই গীতা মানুষের অভ্যন্তরীণ সংযম সাধনকে বৃহত্তর ‘যজ্ঞ’ বলে অভিহিত করেছেন, যা যজ্ঞের সর্বাত্মকই (অর্পণ, ঘি, আগুন ও হোমকারী এবং অংশগ্রহণকারী/অর্পণকারী) ব্রহ্মই পৌঁছে দিতে পারে (গীতা ৪/২৪)। অর্থাৎ উক্ত সব কিছুই ব্রহ্ম হয়ে উঠেন। অন্তর্জগতে দিব্যভাব সমাবেশ করে প্রাণকে অপানে ও অপানকে প্রাণে আত্মা দিতে জীবন-রূপী সমাধি তথা সমাজ-রূপী যজ্ঞে হোম করতে পারলে বাস্তবিক হোমযজ্ঞ হয়। গীতায় বিশেষ করে বারটি যজ্ঞের উল্লেখ রয়েছে (গীতা ৪/২৫-৩০) ; দেবযজ্ঞ, ব্রহ্মযজ্ঞ, ইন্দ্রিয় যজ্ঞ, মনোযজ্ঞ, আত্মসংযম যজ্ঞ, দ্রব্য যজ্ঞ, তপঃ যজ্ঞ, যোগ যজ্ঞ, স্বাধ্যায় যজ্ঞ, জ্ঞান যজ্ঞ, প্রাণ যজ্ঞ ও দেহ যজ্ঞ।^৫ এরপরও ভগবান গীতায় বললেন, এরূপ বহুবিধ যজ্ঞের কথা ব্রহ্মমুখে বর্ণনা করা হয়েছে (গীতা ৪/৩২)। আবার “জপ যজ্ঞ” কে তাঁর বিভূতি যজ্ঞ হিসেবেও চিহ্নিত করেছেন (গীতা ১০/২৫)।

সব মিলিয়ে গীতায় যজ্ঞের বাহ্যিক্রিয়ার চেয়ে অভ্যন্তরীণ সমর্পণ ও ভগবৎপ্রীতিকে প্রাধান্য দেওয়া হয়েছে। যজ্ঞের মন্ত্র উচ্চারণে যে শব্দব্রহ্ম সৃষ্টি হয় তা-ই হব্যবাহ অগ্নি হোমকারীর সংকল্পসহ ব্রহ্মপদে বহন করে নিয়ে যান। আর এই যজ্ঞ থেকে উৎপন্ন ত্যাগের ভাব হোমকারীকে স্থূল শরীর থেকে মনে, মন থেকে প্রাণে, প্রাণ থেকে জ্ঞানে, জ্ঞান থেকে ব্রহ্মানন্দের শিখরে উন্নীত করে। গীতায় ভগবানের এমনই ইচ্ছা প্রকাশিত। এই মহাযজ্ঞে হোমকারীর ব্যাষ্টিক কল্যাণ থেকেও মহত্তর সামষ্টিক কল্যাণই মুখ্য। লোকসংগ্রহের মহান উদ্দেশ্যও এ যজ্ঞে সাধিত।

বেদ থেকে উপনিষদ, গীতা, পুরাণাদি একাদিক্রমে আজ পর্যন্ত আমাদেরকে ধীরে ধীরে যজ্ঞ সম্পর্কে ক্রমোন্নত ধারণার অবতারণা করেছে। জীবনের সব কাজই আজ যজ্ঞ হয়ে উঠেছে গীতার অনুশাসনে। তা থেকে আমাদের উৎস কোথায় তা-ও এই যজ্ঞের মাধ্যমেই জানা যাবে। তারও পরে, ঈশ্বরের সাথে আমাদের সম্পর্ক বুঝে নেবার জন্য এ যজ্ঞকে গীতায় রূপ দেওয়া হয়েছে ‘যোগধর্ম’ প্রবর্তনের মাধ্যমে।

গীতায় যজ্ঞে তাই শ্রীমদ্ভগবদগীতার সাত শত শ্লোকই আত্ম-মন্ত্র হিসেবে উচ্চারণ করা হয়। এ মন্ত্র উচ্চারণে উদ্ভূত শব্দব্রহ্ম স্থিতিতে প্রজ্জ্বলমান ব্রহ্মাগ্নিতে ঘি এবং সমিধকাষ্ঠ সহযোগে হোতাগণ অর্পণ করেন উপস্থিত বা অনুপস্থিত সংকল্পিত সব মানুষ প্রাণী তথা প্রকৃতির সকল উপাদানের ইহলৌকিক ও পারলৌকিক মঙ্গল, শান্তি ও শুভ সংস্থাপনের সংকল্পটি একযোগে পরব্রহ্মের শ্রীপাদপদ্মে পৌঁছে দিতে হব্যবাহ অগ্নির কাছে প্রার্থনা করা হয়।

৩। গীতায় যজ্ঞ থেকে বিজিআরএফ-এর প্রত্যাশা

বিজিআরএফ সনাতন হিন্দু ধর্মের স্মৃতি ও শ্রুতি এবং পরবর্তীকালে প্রণীত ধর্মশাস্ত্র থেকে এদের ভাগবতীয় ও দার্শনিক নির্যাস সকলের কাছে বিশেষ করে বর্তমান প্রজন্মের কাছে পৌঁছে দেবার চেষ্টা করছে। হিন্দু ধর্মের অসাম্প্রদায়িক, সর্বজনীন ও যুক্তিগ্রাহ্য আচরণগুলোর মধ্যে যজ্ঞ যেমন প্রাচীনতম, এর দর্শন তেমনি আধুনিক বিশ্ববাসীর জন্যও কল্যাণকর। শ্রীমদ্ভগবদ গীতার শ্লোকগুলো এই কল্যাণকর ধারাকেই অব্যাহত রাখার শাস্ত্র। এর “যোগধর্ম” এই বিশ্বনিচয়ের মধ্যেই বাস করে বিশ্বাতীত পরব্রহ্মের সন্ধান দিয়েছে। যে সন্ধানের মূল্য “নিষ্কাম কর্ম”, বা গীতার ‘বুদ্ধিযোগ’।

তাই বিজিআরএফ এই গীতার শ্লোকগুলোকেই মন্ত্র হিসেবে স্থিতিতে আত্ম দিতে বিশ্বের সকল প্রাণী ও বস্তুর কল্যাণ কামনা করছে। প্রত্যাশা, যজ্ঞকারী হোতা তথা উপস্থিত বা অনুপস্থিত এই যুক্তরাজ্য তথা বিশ্বের সকলের মধ্যে ঐ নিষ্কাম কর্মের প্রেরণা জেগে উঠুক। বর্তমান জনজীবন ও প্রকৃতি আসন্ন ধ্বংস থেকে পরিত্রাণ পাবে- এই প্রার্থনা।

^৫ এসব যজ্ঞের ব্যাখ্যা: নিত্যানন্দ চক্রবর্তী (২০১৯), গীতাপাঠ সহায়িকা, শ্রীশ্রীগীতা সংঘ বাংলাদেশ, ঢাকা।



Certified Practicing Accountants

We Specialise in

- ✓ Business Start-up
- ✓ Business Plan
- ✓ Sole Traders & Partnership Accounts
- ✓ Limited Company Accounts
- ✓ Personal Tax
- ✓ Corporation Tax
- ✓ Company Formation
- ✓ Cashflow Forecast
- ✓ VAT
- ✓ Investigation
- ✓ Payroll
- ✓ and others...

Your Partner To Success



For free advice please contact on

m: 07958458542, **t:** 0207 702 8675, **f:** 0207 790 2843

e: info@mahinandco.com • w: www.mahinandco.uk
85-85 Nelson Street, London E1 2HN

Youth Change-Maker Awards: Celebrating Talent, Spirit, and Leadership

Purpose

The purpose of this recognition program is to honour and celebrate young individuals within the South East Asian Hindu community in UK who demonstrate exceptional talent, spiritual engagement, and the ability to act as change-makers. These young people are making significant contributions to their community and society, embodying the values of leadership, compassion, and cultural pride. By recognising these individuals, we aim to inspire others within the community to engage in meaningful action and foster a sense of pride in their Bengali heritage.

Criteria for Selection

1. Talent and Achievement

- **Description:** The individual should demonstrate significant talent in a particular field, such as academics, arts, sports, science, or any other area. This talent should be recognised through achievements, awards, or contributions that showcase their skills and dedication.
- **Purpose:** To highlight and reward young people who have excelled in their chosen fields and have brought pride to the Bengali community through their achievements.

2. Spiritual Engagement

- **Description:** The individual should actively engage in spiritual or religious practices, demonstrating a strong connection to their faith and cultural values. This could include participation in religious events, leading community prayers, or organising spiritual workshops.
- **Purpose:** To recognise individuals who embody the spiritual values of the community and contribute to maintaining and promoting these traditions among the youth.

3. Community Leadership

- **Description:** The individual should exhibit leadership qualities by taking on roles within the community that drive positive change. This could involve organising community events, leading social initiatives, or volunteering in community services that address local issues.
- **Purpose:** To identify and honour those who are not only leaders but also inspire others to take action and contribute to the betterment of their community.

4. Social Impact and Change-Making

- **Description:** The individual should be involved in activities that create a positive social impact, such as advocating for social justice, working on environmental causes, or supporting underprivileged groups. Their efforts should demonstrate a commitment to making a difference in their community or beyond.
- **Purpose:** To acknowledge those who actively work towards creating a better society and motivate others to join in their efforts.

5. Cultural Preservation and Promotion

- **Description:** The individual should contribute to the preservation and promotion of culture and heritage. This could involve participating in or organising cultural events, teaching language, or promoting traditional arts and crafts.
- **Purpose:** To ensure the continuity of local culture in the diaspora and to celebrate those who work to keep the culture alive for future generations.

6. Resilience and Overcoming Adversity

- **Description:** The individual should have demonstrated resilience in the face of personal or communal challenges. This could include overcoming significant obstacles, such as health

issues, family challenges, or societal barriers, while continuing to contribute positively to the community.

- **Purpose:** To recognise and celebrate the strength and perseverance of young people who continue to make a difference despite facing hardships.

Overall Considerations

- **Age Group:** Candidates must be between the ages of 12-25.
- **Community Connection:** Candidates must have a clear connection to diapora community in UK, either through heritage, cultural involvement, or family background.
- **Children of Trustees are excluded in the selection process:** The reason for excluding children of Trustees from the selection process for a youth community award is to maintain fairness, transparency, and impartiality. This policy helps to avoid any potential conflicts of interest or perceptions of favoritisms, ensuring that all candidates are evaluated solely on their merits and contributions to the community. By doing so, the integrity of the award is upheld, and the selection process remains equitable and credible for all participants.
- **Nomination Process:** Candidates can be nominated by community members, teachers, religious leaders, or through self-nomination, with supporting documentation or references to validate their contributions.

Selection Process

- **Initial Screening:** A committee will review all nominations to ensure they meet the basic criteria.
- **Evaluation:** Each nominee will be evaluated based on the strength of their contributions in the areas of talent, spiritual engagement, leadership, social impact, cultural promotion, and resilience.
- **Final Selection:** The committee will select the top candidates who best embody the qualities of a young change-maker, with consideration for the diversity of talents and contributions across different fields.

This recognition program will not only celebrate the achievements of young Bengali individuals but also serve as an inspiration for the entire community, encouraging a new generation of leaders and change-makers.

Categories of Awards

No	Categories	Description
1	Age	12-15, 16-19, 20-25
2	Educational achievement	GCSE and A level results, University
3	Community involvement	Level of active participation in community organisations, events, or initiatives
4	Entrepreneurial venture	Number and success of entrepreneurial ventures or startups initiated, including social enterprises
5	Cultural advocacy and preservation	Involvement in activities that promote and preserve local culture, such as organizing cultural events, teaching language, or creating cultural content
6	Religious and spiritual leadership	Active participation in or leadership of religious or spiritual activities within the community, such as leading prayers, organizing religious education classes, or participating in interfaith dialogue.

THE RECIPIENTS OF THE YOUTH CHANGE-MAKER AWARDS-2026

This year, we proudly recognise **nine inspiring young individuals** from the South East Asian Hindu community in the United Kingdom for their exceptional talent, spiritual commitment, and dedication to positive change. Each of them embodies the values of **leadership, compassion, and cultural pride**, contributing meaningfully to both their community and society at large. Through this recognition, we honour their achievements and hope to **inspire others to engage in purposeful action**, celebrate their heritage, and uphold the timeless values of our Bengali and Hindu traditions.



Drona Dev Roy
Mother: Mukta Roy
Father: Suman Kanti Sushil

School: Westcliff Grammar School

Drona Dev Roy is a motivated and enthusiastic student at Westcliff High School for Boys, a grammar school, and is currently progressing into Year 8. He is committed to achieving his best in his studies and particularly enjoys English, Art, Science, and Computing. He has a natural curiosity about the world around him and enjoys developing his knowledge and understanding through learning. Outside of school, Drona has a strong passion for music and singing. He is a member of the Westcliff Grammar School Treble Choir, where he takes part in performances and travels to different places to sing alongside fellow choir members. He also enjoys performing Bengali songs at cultural programmes and events, giving him opportunities to celebrate his culture and share his love of music with others.

Drona is also passionate about football. He has represented a football team and has achieved both a medal and a trophy through his participation. He enjoys the teamwork, competitiveness, and excitement that football brings, while continually working to improve his skills. With his enthusiasm for learning, creativity, music, and sport, Drona hopes to continue developing his abilities, taking on new challenges, and making the most of the opportunities that come his way. He is determined to work hard, achieve his goals, and build a successful future.



Aradhya Ghosh
Mother: Dipa Ghosh
Father: Pankaj Ghosh

City of London School for Girls

Aradhya has demonstrated outstanding academic ability, receiving offers from several highly regarded schools, including City of London School for Girls, Westminster School, Dartford Grammar School for Girls, The Latymer School, Chelmsford County High School for Girls, Westcliff High School for Girls, Southend High School for Girls, **and** Colchester County High School for Girls. After careful consideration of these excellent opportunities, she has chosen to continue her education at City of London School for Girls, reflecting her academic aspirations, enthusiasm for learning, and determination to fulfil her potential. Alongside her academic achievements, Aradhya has developed a strong passion for music and performance. She has successfully completed Grade 5 in both singing and piano, achieving Distinction in both disciplines. She has also performed as a singer on stage on several occasions, including at school and community events. A particular highlight has been participating in Young Voices at The O2, an experience that has further strengthened her confidence, musicianship, and performance skills. Aradhya's combination of academic achievement, musical talent, creativity, and determination reflects her enthusiasm for embracing new challenges and continuing to develop both academically and personally.



Mritsha Saha
 Mother: Mukta Saha
 Father: Roni Saha

School: Invicta grammar school for girls

In 2023, **Mritsha Saha** joined Invicta Grammar School for Girls, bringing with her a lifelong love of reading and learning. She has demonstrated a strong commitment to leadership and community service, serving as a Charity Representative for three consecutive years. Alongside her academic studies, she chose Music GCSE to further develop her passion for music and has been working towards **Grade 5 piano**. Her strong achievement in English also led to an opportunity to join Pearson UK's Book Club, where she reviews prospective books for the school curriculum and contributes her perspective as a GCSE English Literature student. Her enthusiasm for literature and communication is further reflected in her success in the school's creative writing competition and her active participation in the Debate Club, where she continues to develop her confidence, critical thinking, and debating skills. With interests spanning **literature, music, creative writing, leadership, and debate**, she is determined to pursue academic excellence and aspires to study at a leading university.



Kritika Pandey
 Mother: Komal Kumari Pandey
 Father: Krishna Prasad Pandey

Dr Kritika Pandey is a medical doctor who graduated from the University of East Anglia's Norwich Medical School in 2025. She recently completed her Foundation Year 1 training at Buckinghamshire Healthcare NHS Trust, gaining experience in Psychiatry, Acute Internal Medicine, and Stroke Medicine. She will undertake Foundation Year 2 training at Oxford University Hospitals NHS Foundation Trust, with rotations in Orthopaedic Surgery, Vascular Surgery, and Neurosurgery. During medical school, Dr Pandey served as President of the University's largest Medical Society and founded an Aspiring Medicine Club, leading educational, charitable, and community initiatives. Her experience also includes cancer research, clinical observerships, and a medical elective in hospitals in Nepal. Passionate about global health and reducing healthcare inequalities, she hopes to contribute to sustainable and accessible healthcare provision in Nepal. Outside medicine, she enjoys hiking and recently completed the challenging Annapurna Base Camp trek.



Rithvik Raj Lalajike
 Mother: Mayuri Gowlikar
 Father: Dr Vishu Sadanand

Rithvik Raj is a dedicated and responsible student who has distinguished himself through leadership, exemplary conduct, and creativity. He is the recipient of the Outstanding Year 7 Senior Leadership Team Award at Mulberry Academy Woodside, recognising his consistent reliability, positive influence on fellow students, and commitment to upholding the school's values. His maturity and responsible approach have also earned him recognition as a Headteacher's Praise Breakfast winner for maintaining zero behaviour points, reflecting his excellent self-discipline, respectful conduct, and positive attitude towards learning. Alongside his academic and leadership qualities, Rithvik possesses a strong creative and artistic talent. He has a particular passion for drawing, including still life and portraiture, and demonstrates impressive observational and spatial reasoning skills. Through his combination of leadership, discipline, creativity, and enthusiasm for learning, Rithvik continues to develop his talents while making a positive contribution to his school community.



Aniya Paul
 Mother: Shukla Biswas
 Father: Sanjay Paul

Age: 11

School: Aylesbury High School For Girls (Year 7)

Aniya is an enthusiastic, thoughtful, and caring young person who approaches her activities with positivity and a genuine willingness to learn. She has a growing interest in music and is currently studying Stage 1 guitar. Her musical journey began at the age of seven, when she was introduced to the piano, helping to develop her early appreciation of music and creativity. She also enjoys the performing arts. In her Year 6 school production of Shakespeare's *A Midsummer Night's Dream*, Aniya played Mustardseed, one of the fairies, giving her valuable experience of performing on stage and working collaboratively as part of a production. With her enthusiasm, creativity, helpful nature, and positive attitude, Aniya continues to develop her confidence and abilities while making a valued contribution to those around her.



Sarika Aryal
 Mom: Saraswati Marahatha Aryal
 Father: Dr Rishiram Aryal

Sarika Aryal is a highly motivated and accomplished Accounting and Finance undergraduate with a strong academic record and a growing passion for research, education, and community engagement. She completed her sixth-form education with outstanding A grades and began contributing to her community from the age of 16. She has supported children born in the UK by teaching the Nepali language, culture, and heritage, helping them develop a stronger connection with their cultural identity. Sarika has also demonstrated her commitment to education through volunteering in schools. She served at Ashmead Primary School for a year, supporting and facilitating the learning and development of Nursery and Reception pupils. Currently in her final year of an Accounting and Finance degree at Oxford Brookes University, Sarika has consistently achieved excellent academic results, with the majority of her grades being at A level. Alongside her studies, she has developed strong research capabilities and recently presented her research on earnings management and auditing at the University of Oxford, at an international conference organised by the Centre for Business & Economic Research (CBER), UK. Her presentation demonstrated her growing confidence, academic ability, and potential as an emerging researcher in Accounting and Finance.



Avijit Saha (Avi)
 Mother: Nandita Saha
 Father: Ajit Kumar Saha

Age: 12

School: Colchester Royal Grammar School for Boys (Year 8)

Avijit is a dedicated and well-rounded student with a strong record of academic excellence and leadership. Beyond school, he is equally committed to his personal development and cultural pursuits. He has reached Stage 3 in swimming and has achieved Electric Guitar Grade 3. He is also currently learning to play the piano. Since the age of six, Avijit has been learning Indian music and regularly performs at community cultural events.



Provakar Majumder
Mother : Apu Rani Das
Father : Pravangshu Majumder

Age: 12 years
School: Bancroft School, Year: 8

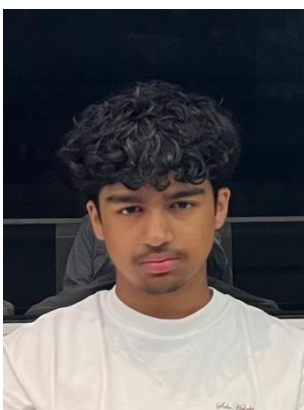
Provakar is a well-rounded and enthusiastic student who is known for being cooperative, kind, and respectful. He enjoys working with his friends and is always willing to support and help others. He has great respect for his teachers and approaches his learning with a positive attitude. Alongside his academic studies, Provakar has a strong interest in Indian classical music. Provakar has successfully completed Level 3 in Indian Music and Level 3 in Tabla.



Deeptanshu Ghosh
Mother: Dipa Ghosh
Father: Pankaj Ghosh

Deeptanshu is currently in Year 10 at Westminster School and will be entering Year 11. He is a diligent student with a particular passion for Mathematics, for which he has received numerous awards from UKMT. His enthusiasm for problem-solving and mathematical challenges has been a consistent feature of his academic journey since Year 7 where Deeptanshu was successful in gaining offers from several highly selective schools, including Westminster School, City of London School, Queen Elizabeth School, King Edward VI Grammar School, Southend High School for Boys, Westcliff High School for Boys, Dartford Grammar School, Bexley Grammar School, and Colchester Royal Grammar School. Alongside his academic interests, Deep is also passionate about music. He has achieved Grade 5 in guitar alongside currently being Grade 5 in piano demonstrating his commitment to developing his musical abilities alongside his studies. More recently, Deeptanshu was shortlisted for the next round of the prestigious global John Locke Institute Essay Competition, an achievement that reflects his commitment to his studies.

LAST YEAR'S AWARD RECIPIENTS-2025



Ayush Saha
Father: Anupam Saha(FCCA)
Mother: Saswati Saha Santa(NurseryTeacher)

Ayush has excelled academically, achieving top grades (9/A) in all his GCSEs at Queen Elizabeth's School, where he is now pursuing A-levels in Maths, Further Maths, Physics, and D&T. Alongside his studies, he has a strong interest in engineering, a particular love for cars, and plays lead guitar in concerts both in and out of school. He hopes to build a successful career in STEM, combining his academic rigour with his creativity and passion for both design and music.*



Dev Saha

Father: Mr Dipak Kumar Saha | Mother: Mrs Lipu Saha

Dev Saha, 16, is a Year 12 student at Hills Road Sixth Form College, specialising in Mathematics, Biology, and Chemistry. He achieved grade 9 in all GCSE subjects and received the Academic Award annually at Thetford Grammar School, where he was also House Captain. Passionate about cricket, Dev plays as a leg-spinner for junior and adult teams and captained his school side. He has completed swimming up to Stage 8 and holds Bronze and Silver DofE Awards, currently pursuing Gold. Musically, Dev is a Grade 5 Hindustani Classical singer and a pianist preparing for Grade 6, with distinctions in earlier exams. He performed in his school band and regularly at SBLA cultural events. He has earned three UKMT Gold Awards and a BPhO Silver. Committed to community service, Dev participates in weekly social work and local cultural programmes.



Miss Samriddhi Pokhrel

*Father: Acharya Durga Prasad Pokhrel
Mother: Mrs. Prasannata Pokhrel*

Miss Samriddhi Pokhrel was born on 7th July 2009, on the auspicious occasion of Guru Purnima, into a devout Hindu priest family from Nepal. From an early age, she began studying Sanskrit alongside her formal education, showing a deep interest in her cultural and spiritual heritage. In 2023, she earned her GCSE in Sanskrit and has since been actively involved in a range of Sanskrit and cultural initiatives. Notable highlights include delivering the opening prayer in the Sanskrit drama Bhagavadajjukam at the Nehru Centre, London; presenting Mangalacharan at a yoga session with Acharya Balakrishna; and participating annually in International Sanskrit Day events. Beyond these achievements, Samriddhi dedicates her time to volunteering in Hindu community initiatives, engages in charitable work, and studies the Bhagavad Gita to further deepen her spiritual knowledge and connection to her heritage. In 2025, she completed her GCSEs with outstanding academic success, achieving 9 A*.



Orko Ghosh

Father: Dr.Sudam Ghosh/Mother: Mrs.Jini Sen

This year, **Orko's outstanding GCSE results** stand as a true reflection of his hard work, commitment, and passion for learning. He has chosen to pursue **Mathematics, Biology, Chemistry, and Sociology** at A Level, aligning with his future academic and career aspirations. Beyond his academic excellence, Orko is deeply passionate about **LAMDA** and actively participates in **school debates**, showcasing his confidence and eloquence in public speaking. His parents describe him as an **exceptionally hardworking, thoughtful, and friendly** individual who brings warmth and positivity to those around him. In his leisure time, Orko enjoys spending quality moments with his friends, balancing his studies with social connections. He now looks forward with great enthusiasm to **continuing his sixth form journey at QE Boys, Barnet**, where he hopes to build on his achievements and explore new opportunities for growth and discovery.



Dibbo Roy
Father: Suman Kanti Sushil /Mother: Mukta Roy

Dibbo completed his GCSEs at **Ilford County Grammar High School** and is currently pursuing his **A Levels** at **Shoeburyness High School Sixth Form**. A highly motivated and inquisitive student, he is studying **Mathematics, Chemistry, and Biology**, driven by a deep curiosity about how the world works through science and problem-solving. Beyond academics, *Dibbo* is a **talented musician**, proficient in **piano and keyboard**, and loves performing at various events, where his passion for music truly shines. His blend of **strong work ethic, creativity, and enthusiasm for continuous learning** reflects his commitment to both intellectual and personal growth. With every new challenge, *Dibbo* strives to learn, improve, and make the most of every opportunity that comes his way.



Anushri Saha (Diya)
Father: Ajit Kumar Saha/Mother: Nandita Saha

Age: 13

School: Chelmsford County High School for Girls (Year 9)

Anushri is a dedicated and well-rounded student who excels both academically and personally. She has maintained an outstanding record of achievement, earning **Bronze Awards** for academic excellence in **Years 7 and 8**, and is now proudly working toward her **Silver Award**. Her natural leadership qualities shine through her roles as **Form Captain** – a position she has held each year – and as **Sports Captain** during Year 8, where she demonstrated strong teamwork, communication, and organizational skills. Actively engaged in school life, *Anushri* is a valued member of the **school's girls' cricket team**, participates enthusiastically in **house events**, and contributes her voice and ideas in **Debate Club**. Beyond school, *Anushri* continues to grow through diverse interests. She has achieved **Stage 4 in swimming** and earned **Grade 3 in guitar**, showcasing her dedication to skill development. A passionate learner of **Indian classical music** since the age of six, she regularly performs at **community cultural events**, reflecting her deep appreciation for the arts and her vibrant cultural roots.

Anushri's blend of academic excellence, leadership, and creative expression makes her a truly inspiring young achiever.



Aarish Sarker
Father: Bibhas Sarker/ Mother: Boby Ray

Aarish achieved all Grade 9s in his GCSEs this year and will be pursuing his Sixth Form studies at the prestigious **Colchester Royal Grammar School**. He will be studying **Mathematics, Further Mathematics, Economics, and Computer Science** at **A Level**. *Aarish* is a **School Prefect**, representing his peers with responsibility and leadership and representing the school in inter-school events. Alongside his academic achievements, he is a passionate musician who plays both acoustic and electric guitar, performing at school events as well as in external showcases.



Abir Chowdhury

Father: Dr Dababrata Chowdhury/ Mother: Mrs Joyita Chowdhury

Abir Chowdhury, 14, currently attends Colchester Royal Grammar School, and is set to begin Year 10. His favourite subjects in school include: Physics, Computer Science and History. Abir has a great passion for sports, especially cricket and table tennis. He has also participated in several sporting events in school. Currently, he is enrolled in the Duke of Edinburgh (DofE) programme and will be involved in an outdoor expedition in September. This programme has enabled him to learn a numerable amount of crucial skills and make new friendships.

In addition, Abir is currently learning the Tabla, which he has had an interest for since a young age. He loves to participate in religious events, especially Kirtans and Bhajans, and regularly reads the Bhagavad Gita. Abir has been actively involved in Youth Group activities at the United Hindu Cultural Association London, including a Ramayana performance, where he played the role of Lord Rama.



Anusha

Father: Janak Prasad Adhikari/Mother: Ajita Simkhada

Anusha holds a Bachelor of Arts in Journalism with Media Studies where she was awarded a First-Class degree. She is currently working for The Gurkha Museum where she develops strategic marketing initiatives in order to effectively engage with both the wider Nepali community and Gurkha veterans. She has worked with both ITV and BBC with the mission to further the reach of the museum and engage with UK population and educate and inform them about the Gurkhas. For the BBC, Anusha helped two Gurkha brother reunite with their father's medal that had been lost for 50 years while also, promoting the Gurkhas and their museum. On top of her work at the museum, she is currently a Trustee for Our Streets, Our Children, a charity based in Nepali that provides education support for children living in poverty, resources provided to schools in deprived areas, and day care centres for children of Dalit community



Devjit Saha

Father: Dipu Saha/ Mother : Deomita Chakraborty

Devjit Saha, a Year 9 student at Queen Elizabeth's School, secured his place after excelling in the 11 Plus exams. He has twice achieved Gold in the Junior Mathematics Challenge Olympiad, the highest possible ranking. Beyond academics, Devjit is passionate about music, learning piano and guitar, and has reached Grade 5 in LAMDA, building his confidence and public speaking skills. He also enjoys drama, writing, and plays football while training as an academy-level swimmer. Balancing academics, sports, and the arts, Devjit continues to grow as a well-rounded and accomplished student.

LAST YEAR'S AWARD RECIPIENTS-COMMUNITY AWARD-2025

BEACON OF CHANGE AWARD FOR OUTSTANDING NATIONAL & COMMUNITY CONTRIBUTION

This year, the **Award of Honor for Outstanding Community Contribution** is being presented to the following recipients. Their outstanding dedication, commitment, and unwavering service to the community have not gone unnoticed. The remarkable impact of their contributions has made a significant difference, and we are profoundly grateful for their invaluable support and leadership. This award serves as a small token of our deep appreciation for their tireless efforts and the positive change they have fostered within the community. Their work stands as a beacon of inspiration, guiding others with the same spirit of altruism and excellence that they exemplify.



Acharya Durga Prasad Pokhrel
Vedic Scholar | Sanskritist | Spiritual Guide

Acharya Durga Prasad Pokhrel is a distinguished Sanskrit scholar, Vedic priest, and spiritual guide based in the United Kingdom. A seventh-generation practitioner from a venerable lineage of Sanskrit scholars and Vedic priests, he embodies the living spirit of Hindu dharma and classical Indian wisdom. He holds Master's degrees in both Sanskrit and English Literature, complemented by qualifications in education and management. His deep academic grounding is enriched by decades of dedicated practice in Vedic rituals and scriptural studies. Acharya Pokhrel has conducted sacred ceremonies – including yajnas, samskaras, Prāṇa Pratiṣṭhā, and various pujas – with devotion and authenticity, serving communities across Nepal, India, Europe, and North America. Beyond his priestly duties, he is a respected educator and speaker, leading seminars on Sanskrit grammar, Jyotisha, yoga philosophy, the Bhagavad Gita, and Sanātana Dharma.

A poet and cultural writer in Sanskrit, Nepali, and English, he continues to inspire through his words and wisdom. Presently, he serves as a Sanskrit Instructor and Assessor in the United Kingdom, Spiritual Advisor to the Nepali Hindu Forum UK, and General Secretary of the Hindu Priest Association UK.



Dhruv Chhatralia BEM
International mergers and acquisitions lawyer, Author, International speaker

Dhruv Chhatralia is an international mergers and acquisitions lawyer at a global law firm based in the City of London, author of 21 books on Hinduism and he has given over 400 public talks of over 450 hours between them on spirituality including on the Bhagavad Gita, Hanuman Chalisa, Ramayan, Shrimad Bhagavad, Shree Suktam, Devi Mahatmaya, the Upanishads, the Vedas, Yoga and Meditation that are watched in over 161 countries around the world, with over 400,000 views on YouTube and over 320,000 fans on facebook. Dhruv was included in Her Majesty The Queen's 2020 New Year Honours List for the award of a BEM for voluntary service to Hinduism and developing young people. He has spoken on Hinduism at the British Army, House of Commons, House of Lords, Home Office, the Ministry of Defence, the Metropolitan Police, BT, PricewaterhouseCoopers, EY, Nomura International Bank, Barclays Bank, Macquarie Bank Group, EDF Energy, State Bank of India, CMS Cameron McKenna, Mayer Brown, Intercontinental Hotel, AasthaTV channel, Zee TV, BBC nationwide television, BBC radio, the Commonwealth Journalists

Association, Nusoundradio, TeluguVani radio, Kings College London, and at community halls in Central London, North London, Croydon, Leyton, Kingston, Luton, Nottingham and Ipswich. A live Yoga session by Dhruv Chhatralia in the City was televised nationally on BBC national television. He has not charged a single penny for any of his books or talks, and earns all of his living as a lawyer.



Gouri Choudhury
Internationally Acclaimed Vocal Artist and Cultural Ambassador, UK

Gouri Choudhury was born into a musical family in Bangladesh and started singing from the age of six. Gouri has over 20 years' experience singing folk songs, the songs of Rabindranath Tagore and modern songs in multiple languages, including Bengali, Hindi and Urdu. For her award-winning singing Gouri attracted praise and admiration from Sitar maestro Ravi Shnkar and the Beatles-star George Harrison. Gouri has toured in Europe, the US and Canada and in the UK has performed at the Royal Albert Hall. Gouri has been voted best British South Asian singer in the UK and is the one of the UK's finest ambassadors of Bengali/South Asian music. She was featured as vocalist in the popular English Rock band Kula Shaker in 1996, and Crispian Mills on Peasants, Pigs & Astronauts in 1999. Gouri Choudhury was awarded Best Singer by Bangla TV in 2004, BIMA in 2004, ATN Bangla TV in 2005 and the community award for Best Singer by Channel S in 2006. She won the "Best Performance Award" after being asked by Zee TV to perform on their show Antaksari in 2002. She represented Bangladesh in a popular TV reality show Sa Re Ga Ma in 2011 as the top performer. Recently she received the community champion award by Canary Wharf management group and then as the best inspirational woman by Nari Chetona in London.



Mahamaya Shil
Indian Classical and Devotional Vocalist, UK

Mahamaya Shil is a devoted Indian Classical and devotional singer, celebrated for her soulful renditions of bhajans, kirtans, and semi-classical music. Born in India, she began singing at the age of five and soon became a regular performer on television and radio. Trained under eminent maestros Pandit Srikant Bakde and Pandit Rajan Mishra, she developed a profound command of classical music and an enduring spiritual depth in her performances. Since moving to the United Kingdom in 1998, Mahamaya has dedicated herself to teaching and promoting Indian Classical and devotional music among children and adults across diverse organizations. Her deep passion for Kirtan inspired her to form the group Kirtan Rasa Madhurima, through which she continues to share the divine vibrations of Harinam across the UK, India, and Bangladesh. Through her artistry and teaching, Mahamaya Shil inspires audiences to experience devotion, peace, and the timeless beauty of Indian music.

BGRF Membership & Benefits

Bhagavad Gita Research Foundation (BGRF) seeks to promote research and scholarship. It seeks to ensure a wider understanding of one of the most influential texts in Eastern Philosophy, as well as bringing people together who have a wish to appreciate life's spiritual essence. BGRF works not only to propagate this work but to ensure greater tolerance and openness of mind. The Bhagavad Gita offers a route to enlightenment that is open to all, for many of its devotees it is a means of finding the eternal way of ultimate liberation, knowledge, and bliss. BGRF offers a range of membership levels and services that is intended to cater for the needs of individuals and institutions. Membership levels are divided into 4 categories. This is intended to accommodate the needs of individuals and institutions from different backgrounds.

Membership Categories are:

1. Individual Membership
2. Fellow Membership

Benefits of Individual Membership:

- The principal benefit amongst all categories is the opportunity to meet and interact with successful and experienced professionals, thus creating the potential for personal improvement and potential contacts.
- All members will be constantly updated through the BGRF's regular newsletter and website bulletins regarding meetings and special events, and actively encouraged to participate (at discounted rates if a fee is charged).
- All Individual members receive an official Certificate of Membership.
- All individual Members will be entitled to a 20% reduction on the registration fee for the conferences organised by Bhagavad Gita Research Foundation and from Journal Publication Fee.
- You will get a free on-line copy of the International Journal of Hinduism & Philosophy (IJHP) and all conference proceedings.

Benefits of Fellow Membership

- Be issued with a 'Certificate of Fellowship' to demonstrate your status
- The principal benefit amongst all categories is the opportunity to meet and interact with successful and experienced professionals, thus creating the potential for personal improvement and potential contacts.
- All members will be constantly updated through the BGRF's regular newsletter and website bulletins regarding meetings and special events, and actively encouraged to participate (at discounted rates if a fee is charged).
- All individual Members will be entitled to a 20% reduction on the registration fee for the conferences organised by Bhagavad Gita Research Foundation and from Journal Publication Fee.
- You will get a free on-line copy of the International Journal of Hinduism & Philosophy (IJHP) and all conference proceedings.
- Fellow members will have the opportunity to attend our conferences as keynote speakers.

Membership fees

- £150 for Full membership for international member or £5 per month for Local members in the UK
- £501 for Fellow membership

SOME IMAGES FROM THE PREVIOUS EVENTS-GITA YAJNA 2024-2025











Call for Papers

International Journal of Hinduism & Philosophy (IJHP)

IJHP is a peer reviewed journal and is a research platform for international scholars and those interested in Hinduism and Philosophy. The journal addresses the need for critical discussion on issues appertaining to the Hindu faith, its development, core tenets and teachings, and various developments and manifestations down the ages. Equally, the journal is a scholarly platform for those seeking to offer fresh analysis and discussion that advances the appreciation and understanding of various schools of philosophical thought. IJHP serves as key research and learning platform of Bhagavad Gita Research Foundation (BGRF). The journal aims to target a worldwide readership through electronic format.

Although the primary focus of the journal is concerned with Hinduism and Philosophy, it also interested in aspects that relate Hinduism and Philosophy to Business, Management and Economics.

IJHP - Subject Coverage

Hinduism

- History of Hinduism; Ancient India
- The Concept of Dharma, Karma, Samsara, Moksha, astika and nastika
- Yoga: Paths to Moksha; Hindu Concepts of God
- Schools of Thought
- The idea of the guru in Hindu worship; Hindu domestic rituals
- Ashramas; Sacraments; Hindu lexicon & iconography
- Holy Days/Festivals; Time in Hinduism; Science in Hinduism
- Sacred Architecture and Arts; Women in Hinduism
- Caste; Hindutva; Hinduism and India; Hinduism outside India
- Hinduism and the Environment; Hindu philosophy

Philosophy

- Vedanta Philosophy; Philosophy of Hinduism; Epistemology; Meta-philosophy.
- Metaphysics
- Philosophy of Action; Philosophy of Language
- Philosophy of Mind; Philosophy of Religion
- Indian Philosophy; Environmental Philosophy
- Teaching Philosophy

Preference will be given to papers which are conceptually and analytically strong and have empirical & theoretical relevance. All papers will be reviewed according to the Journal's criterion. The Journal's website is www.bgrfuk.org/ijhp

For further information, please write to Managing Editor via datta@bgrfuk.org



Centre for Business & Economic Research

ADVANCING KNOWLEDGE AND BUILDING GLOBAL NETWORKS

MISSION

CBER strives to be an important knowledge conduit via its academic journals, international conferences and bespoke consultancy and training services

EMPOWERING ACADEMICS & PROFESSIONALS WORLDWIDE

JOIN AN INTERNATIONAL PLATFORM FOR RESEARCH, COLLABORATION AND KNOWLEDGE EXCHANGE IN:

- **BUSINESS & MANAGEMENT**
- **ECONOMICS & FINANCE**
- **SOCIAL SCIENCES AND EDUCATION**

WHAT WE OFFER:

- **Prestigious CBER Fellowships**
- **International Academic Conferences**
- **Journal Publications**
- **Global Research Collaboration Opportunities**
- **Research & Professional Development Workshops**
- **High-Impact Leadership & Management Programmes**
- **Faculty Inspire Award for Excellence**

WHY CHOOSE CBER?

- **Trusted by over 20,000 researchers worldwide**
- **Indexed Journals and Conference proceedings**
- **CPD accredited conferences**
- **Affordable participation fees**



GET INVOLVED TODAY

**info@cberuk.com
www.cberuk.com**

Spire Home Care

"Home is Where Healing Begins"

- Personal Care starting at just **£18.50**/hour
- Domestic Support from only **£17.00**/hour
- Live-in Care from only **£1,100**/week

"We accept Direct Payment"



CALL US:

02085905416

www.spire-homecare.co.uk

**Discover Care
Tailored to You**

**Homecare and Support That's Affordable
Quality Doesn't Have to Be Expensive**

spire | Home Care
& Training Ltd.

**CareQuality
Commission
Registered**

ABOUT US

Spire Home Care is a domiciliary care provider, providing support to people so they can stay in their own homes, independently. Our experienced and well-trained carers look after our clients with passion and dignity. We believe in person-centred care where our clients' wishes are heard and respected.

Our mission is to provide affordable quality care support in the comfort of your own home. We can reduce your care costs by delivering complex care needs, around the clock.

SERVICE WE PROVIDE

- Personal Care
- Learning Disabilities Support
- Supported Living
- Respite Care
- Domestic Support
- Companionship Care
- Night Care
- Dementia Care
- End Of Life Care
- Live-in Care
- Palliative Care

Phone: 02085905416

www.spire-homecare.co.uk

East London Office

Suite-1, First Floor,
Imperial Chambers, 10-17
Sevenways Parade, Woodford Avenue,
Ilford, Essex IG2 6JX.

North London Office

Suite-317C,
Ashley House, 235-239 High Road,
London N22 8HF



Crystal Utilities Limited

- Your Trusted Energy Advisor



Every Utility. One Expert Partner. Endless Potential.

⚡ Empowering Businesses with Smarter Utilities

From startups to enterprises, Crystal Utilities is your trusted partner for energy, finance, and connectivity. We deliver clear, cost-effective solutions that simplify utility management and fuel your growth. Our expert team helps you cut costs, boost efficiency, and focus on what matters most.

Simple. Reliable. Results-driven.

Let's power the future — together.

Why Businesses Choose Crystal Utilities

- ✓ 13+ Years of Industry Experience
- ✓ Fully Managed, Hassle-Free Utility Services
- ✓ Tailored Packages for Every Sector
- ✓ Trusted by Hundreds of Growing Businesses

The Crystal Promise

-  Jargon-Free, Straight-Talking Advice
-  No Hidden Fee.
-  Long-Term Savings & Sustainability
-  One Point of Contact. Total Support.

Powerful Solutions. Proven Results.



Business Electricity

Custom usage-based tariffs to reduce waste and cost.



Business Gas

Market-scanned deals to keep your business heated affordably.



Cash Advance

Fast capital, no banks or paperwork nightmares.



Business Telephone

Stay connected with affordable, professional lines.



Business Broadband

Enterprise-grade speed and uptime.



Merchant Services

Process payments smarter, faster, cheaper.



Business Water

Detect leaks in your costs, not your pipes.

Get in Touch with the Experts

 support@crystalutilities.co.uk

 020 8552 6736

 07769 345 311

 Unit 2, Midland House, 111-113 Victoria Road, Romford, RM1 2LX

ACCOUNTING SERVICE

We are Henderson Royce Accountants Ltd, a reputable and committed accounting firm that offers both corporations and individuals top-notch financial services.



Our Service:

- ✓ Consultancy
- ✓ Payroll Services
- ✓ Self Assessment
- ✓ Tax Plannig

- ✓ Vat Return
- ✓ CIS Return
- ✓ Company Formation
- ✓ Accounts
- ✓ Bookkeeping



Why Choose Us:

- ✓ Expertise and Knowledge
- ✓ Affordable Fee
- ✓ Confidentiality
- ✓ Peace of Mind

Contact Us:

- ☎ 07960 098198
- 🌐 www.hraccountants.tax
- 📍 Suite -102 Ground Floor, Oceanair House, 750-760 High Rd, Bushwood, London E11 3AW

ACCA

xero

intuit

qb



Our Mission

To work to help others appreciate the special place that the Bhagavad Gita has in Hinduism, and the lessons that it has for the wider world.



BGRF has been established with the express purpose of ensuring a wider understanding of a supremely holy text of Hinduism. It seeks to ensure a wider understanding of one of the most influential texts in Eastern Philosophy, as well as bringing people together who have a wish to appreciate life's spiritual essence. We all need to seek and be prepared to question and learn in a spirit of mutual respect, tolerance, and humility.

BGRF is a spiritual platform of human excellence, love, unity & universal Tolerance

- Bhagavad Gita for Nuance Reading
- Bhagavad Gita Provides Guidelines for leading a balanced life
- Bhagavad Gita Demonstrates the Righteousness of Nature
- Bhagavad Gita has the relevance of well-being for the family, society & for the contemporary world at large

www.bgrfuk.org

info@bgrfuk.org



Serendib Global Foods Ltd is embarking on a mission to discover international brands and cultivate demand within the UK market.

☎ 077 4947 3939 / 07735690536

✉ sales@serendibfoods.co.uk

🌐 www.globalsnacks.co.uk

www.serendibglobalfoods.com



**WHATS NEW
IN 2024?**



**INTRODUCING AMBIENT
BUBBLE TEA!**



Y-go Y-go



Hotatoez





WWW.BGRFUK.ORG
info@bgrfuk.org



BGRF Website